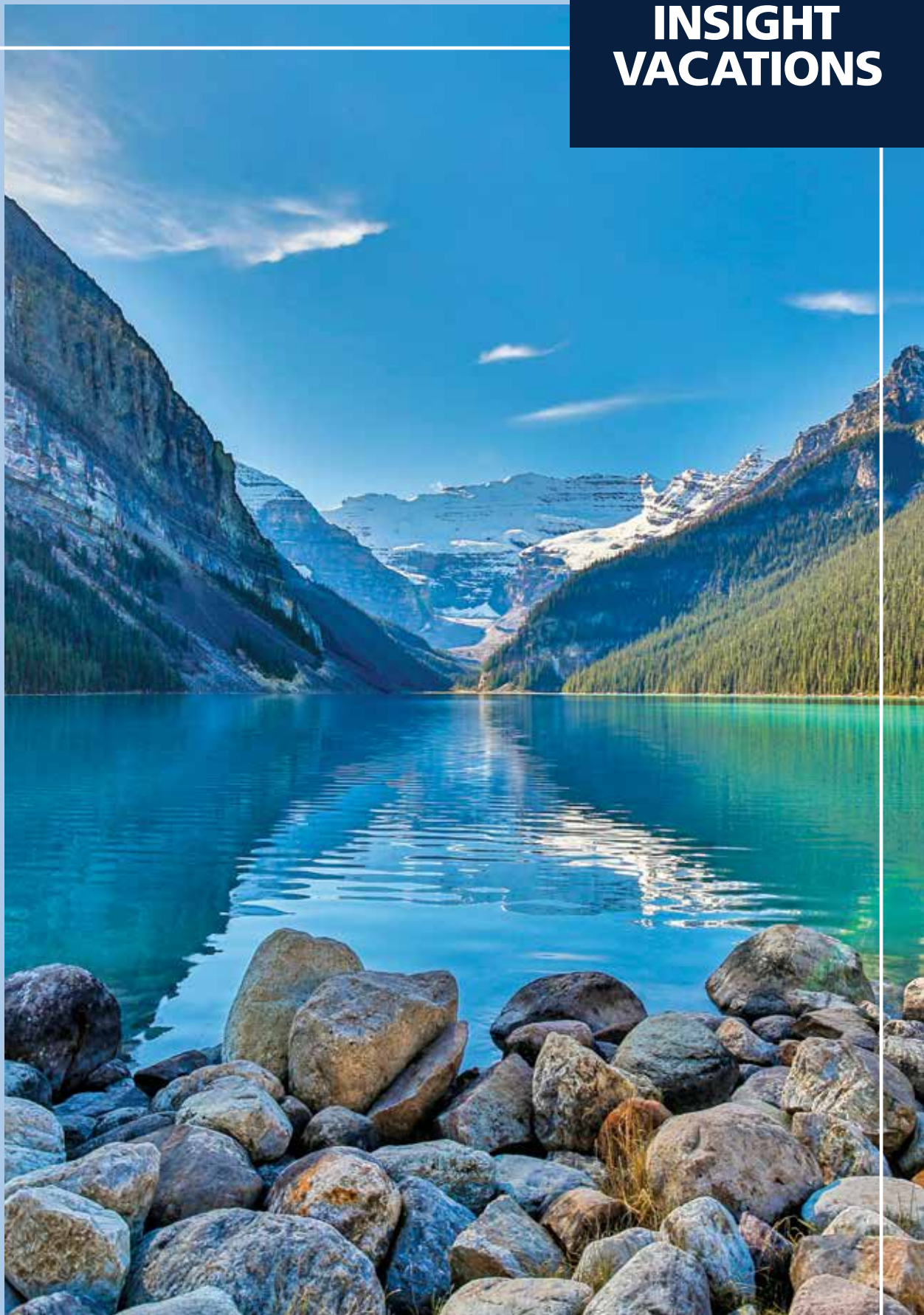


**INSIGHT
VACATIONS**

The Americas | Including North, Central
& South America

WELCOME TO PREMIUM TOURING





WELCOME TO

PREMIUM TOURING

PREMIUM IS MORE THAN COMFORT. IT'S ABOUT CONNECTION.
WITH EXCLUSIVE ACCESS AND SUPERIOR, IMMERSIVE EXPERIENCES,
YOU'LL DISCOVER MORE WITHIN EVERY DESTINATION.



Insightful Insights

From scenic boardwalks winding through windswept grasslands and glacial lakes, visitors are treated to views of floating icebergs, roaring waterfalls and the three iconic granite towers that give the park its name — Torres del Paine — meaning 'Towers of Blue' in the Tehuelche language. *Experience on Heart of Patagonia, page 56.*

Find your Perfect Tour

19 TOURS | 23 STATES | 7 COUNTRIES

Our Difference, Always Included

Learn more about what's included in your tour price below and see each of our tour pages and insightvacations.com for everything you can expect on your selected tour.

SPARK YOUR CURIOSITY P.6-9

All included experiences on your tour are outlined in your selected itinerary. Enjoy before-and after-hours access at many key sights, and your choice of experiences on select days.

THE AMERICAS ON YOUR PLATE P.10-11

Start each day with your choice of hot or continental breakfast. Enjoy curated, regionally inspired meals with seasonal flair and exceptional vegetarian offerings. Many meals include thoughtfully paired wine, beer, tea and coffee.

EVEN MORE PREMIUM CHOICES P.12-13

Your dedicated Travel Director and Driver team, supported by a network of Local Experts, are with you every step of the way, anticipating the needs of both the group and each individual within it, so your tour runs seamlessly from start to finish. Alongside our classic tours, you can also choose from an exclusive range of Small Group and Women-Only tours, with each itinerary tailored to suit your needs.

PUT YOUR FEET UP, LET YOUR HAIR DOWN P.14-16

Every night is spent at trusted 5- and 4-star properties, ideally situated in the heart of our destinations or amid landscapes of outstanding natural beauty. Your travel is made easy with many Relaxed Morning Starts after 9am, complemented by included portering and hotel gratuities.

SIT BACK, SPREAD OUT P.17

Many of our tours feature best-in-class coaches, limited to just 40 guests. On select tours, upgrade your journey with our custom Business Class-style coaches. Along the way, enjoy unique modes of travel, from scenic trains to ferries and boats in select destinations.

PIONEERING RESPONSIBLE TRAVEL P.18-19

Pioneers in our commitment to responsible travel, we're guided by our sustainability strategy, How We Tread Right, and our goal to achieve net zero by 2050 - protecting people, wildlife and the planet.

OUR TOURS P.20-63

Learn about our selection of tours that will inspire your sense of adventure, from the wild beauty of U.S. national parks to the rhythms of Latin culture, with experiences that stay with you long after the journey ends.

BOOK & TRAVEL WITH CONFIDENCE P.64

THE TRAVEL CORPORATION SISTER TOUR BRANDS AND OPTIONS FOR GROUPS OF 9+ TRAVELLERS P.66

Thoughtful Flexible Extras

Every itinerary is thoughtfully curated with flexibility built in. Time at leisure on select days allows you to explore at your own pace and dine according to your own tastes. You may also choose to purchase Optional Experiences, available to further enrich and personalise your journey.

Insight Vacations is proudly rated

4.6/5 feefo 

Based on 40,000+ reviews

Our Tours

WESTERN USA & NATIONAL PARKS

Yellowstone Winter Escape **NEW** P.20
(Small Group Tour)
6 DAYS

Yellowstone Discovery P.22
7 DAYS

American Parks Trail P.24
9 DAYS

*America's Magnificent
National Parks* P.26
15 DAYS

Enchanting Canyonlands P.28
(Small Group Option Available)
7 DAYS

Wonders of the American West P.30
10 DAYS

WESTERN CANADA & ALASKA

Jewels of Alaska P.32
7 DAYS

*Spectacular Rockies
and Glaciers of Alberta
with Rocky Mountaineer Option* P.34
8 DAYS

*Canadian Rockies
and Pacific Coast* P.36
14 DAYS

EASTERN CANADA & EASTERN USA

*Landscapes of the
Canadian Maritimes* P.38
12 DAYS

Best of Eastern Canada & USA P.40
14 DAYS

EASTERN & SOUTHERN USA

*New England's Fall Foliage
(Women-Only Option Available)* P.42
8 DAYS

*Treasures of Cape Cod
& the Islands
(Women-Only Option Available)* P.44
8 DAYS

*Soul of the Deep South
(Women-Only Option Available)* P.46
9 DAYS

HAWAII

*Hawaii with Oahu,
Maui & the Big Island* P.48
10 DAYS

LATIN AMERICA

Costa Rica Rainforest **NEW** P.50
(Small Group Tour)
9 DAYS

*Contrasts of Brazil
& Argentina* P.52
9 DAYS

*Peru with Machu Picchu
with Nazca Lines Option
(Small Group Tour)
(Women-Only Option Available)* P.54
10 DAYS

*Heart of Patagonia
(Small Group Tour)* P.56
12 DAYS

WORLDWIDE GUEST FAVOURITES P.58-63

*A selection of guest favourites from
beyond the Americas, including Italy,
Spain, Turkey and Sri Lanka.*

Spark your Curiosity

PREMIUM EXPERIENCES,
CAREFULLY CRAFTED TO REVEAL
EACH DESTINATION IN A NEW
LIGHT. THOUGHTFULLY PLANNED
THROUGHOUT YOUR JOURNEY,
THEY BRING YOU CLOSER TO THE
PEOPLE, PLACES AND STORIES OF
THE AMERICAS. HERE'S A GLIMPSE
OF WHAT AWAITS.

INSIGHT CHOICE

On chosen days, you're invited to select your preferred experience to personalise your journey.

ARGENTINE RANCH EXPERIENCE

Set in Buenos Aires' scenic pampas, **La Bandada Ranch** offers a slice of traditional estancia life. After a classic Argentine lunch, choose between a hands-on intro to polo (no riding needed) or an empanada-making class where you'll craft regional fillings and perfect the signature repulgue fold. Surrounded by wildlife and wide-open landscapes, it's an authentic taste of Argentine culture. *Experience on Contrasts of Brazil & Argentina, page 52.*

TALKEETNA SIGHTSEEING

Quirky, creative, and rich in frontier history, **Talkeetna** is a charming former mining town and gateway to Alaska's Denali. Choose your adventure: take a jet boat tour along the Chulitna River to explore rugged landscapes and a recreated trapper's cabin, or enjoy a scenic float down the Talkeetna River, spotting wildlife and soaking in views of the Alaska Range. *Experience on Jewels of Alaska, page 32.*



INSIGHTFUL ENCOUNTERS

You'll enjoy firsthand, personal encounters with local subject experts such as naturalists, historians and more. Go beyond the guidebook and meet those who know each destination best.

FRESH SEAFOOD MEETS FRESH PERSPECTIVES

Renowned as 'The Scallop Capital of the World,' Nova Scotia invites you to meet with **Brad Hewey**, a distinguished local fisherman. Delve into maritime history and the intricacies of life at sea while indulging in succulent scallops freshly harvested from the Atlantic. *Experience on Landscapes of the Canadian Maritimes, page 38.*

PETALS AND PASTURES IN VERMONT

Connect with Vermont's agricultural roots as you meet the owners of Bread & Butter Farm to learn about their sustainable farming practices, and how it reflects the region's heritage. You'll also join **Chef Tessa**, owner of Blossom Whole Foods' Kitchen, to gather seasonal blooms and hear about her life as a seventh-generation Vermonter before enjoying a farm-to-table lunch. *Experience on New England's Fall Foliage, page 42.*

DELVE DEEPER INTO THE GRAND CANYON

Enhance your understanding of the Grand Canyon's profound depths. Join esteemed geologist '**Canyon Tim**' along the South Rim, where you will explore the creation of this ancient, five-million-year-old marvel. Delve into its geological formation and contemporary significance, while keeping an eye out for native wildlife such as mountain lions and elk. *Experience on America's Magnificent National Parks, page 26 and Enchanting Canyonlands, page 28.*

INTO THE LIVING CLOUD FOREST

Step into a reawakened cloud forest in Costa Rica with **Edwin Ramirez** to witness the restoration of nature unfolding right before you. Traverse the mist-laden terrain to discover how elevation and constant cloud cover shape a rare ecosystem that sustains biodiversity and water systems far beyond the forest itself. *Experience on Costa Rica Rainforest, page 50.*

WILDLIFE, WOLVES AND YELLOWSTONE'S WONDERS

Join **Adam Brubaker** of Tied to Nature for a private tour of Yellowstone's Northern Range. Explore diverse habitats, spot wildlife like bison, wolves, and elk, and visit the Lamar Valley - the site of Yellowstone's successful grey wolf reintroduction in 1995. Along the way, discover the park's rich ecological history and breathtaking landscapes. *Experience on Yellowstone Discovery, page 22.*





INSIDER ACCESS

Go beyond being an observer and experience each destination as an insider. Exclusive before and after-hours access, paired with private entries, creates a more intimate and personal journey.

EXCLUSIVE ACCESS TO EXTREME VIEWS

Experience the **Glacier Skywalk** (pictured) after-hours, a glass-floored walkway suspended 280m above the Sunwapta River. The following day, enhance your Rockies adventure with a pre-opening Ice Explorer tour of the Athabasca Glacier, enriched with insights from a Local Expert about this ancient 200,000-year-old ice mass. *Experience on Spectacular Rockies & Glaciers of Alberta, page 34 and Canadian Rockies & Pacific Coast, page 36.*

A FIVE MILLION STAR EXPERIENCE

As day turns to night, enjoy exclusive after-hours access to **Cusco's Planetarium**. Explore the Inca's deep connection with 'chaskas' (stars) over hot tea, while a Local Expert illuminates the constellations' influence on Andean cultures. Then, peer through telescopes to marvel at the brilliant night sky. *Experience on Peru with Machu Picchu, page 54.*

MEET THE MASTERS OF MARDI GRAS

Discover the heart of **New Orleans** at **Mardi Gras World**, where you'll experience an explosion of colour and character as you enjoy an exclusive behind-the-scenes look at the festival's vibrant floats, art and costumes that define the city's iconic annual parades. Learn about the traditions and the festive 'Krewe' balls, and even craft your own festival mask with a resident artist. *Experience on Soul of the Deep South, page 46.*

A PRIVATE SAIL ON PRISTINE WATERS

Experience **New England** from its most iconic vantage point, the sea. Set sail on a private charter from **Newport** aboard the 72-foot schooner **Madeline**. As your captain navigates past picturesque islands and historic estates, you'll gain a deeper appreciation for the region's seafaring legacy and enduring coastal charm. *Featured on Treasures of Cape Cod & the Islands, page 44.*

*In*sightful Insights

Experience panoramic views of the vast **Perito Moreno Glacier** stretching 30km into **Lake Argentino**, its shifting ice offering a chance to witness dramatic calving events. Gain insight into glacial systems, climate change and the evolving **Southern Patagonian Ice Field** from a local glacier expert. *Experience on Heart of Patagonia, page 56.*

ICONIC HIGHLIGHTS

Uncover remarkable monuments and natural phenomena with an insightful twist.

THE MAGIC OF MACHU PICCHU

Built in the 15th-century by Incan ruler Pachacutec Inca Yupanqui, **Machu Picchu** is one of the most iconic and well-preserved archaeological sites in the world. With a Local Expert as your guide, you'll be captivated by stories of its creation — uncovering the significance of each carefully crafted structure — set against a backdrop of scenery and the cloud forest that can only be described as enchanting. *Experience on Peru with Machu Picchu, page 54.*

RIO WELCOMES YOU WITH OPEN ARMS

Ascend Mount Corcovado in Tijuca Forest National Park with a Local Expert to the base of the 98ft tall **Christ the Redeemer**. Revel in breathtaking views of Rio de Janeiro and uncover the statue's origins, religious significance, and cultural importance, a blend of French artistry and Brazilian heritage. *Experience on Contrasts of Brazil & Argentina, page 52.*

WINTER ROAMS FREELY IN YELLOWSTONE

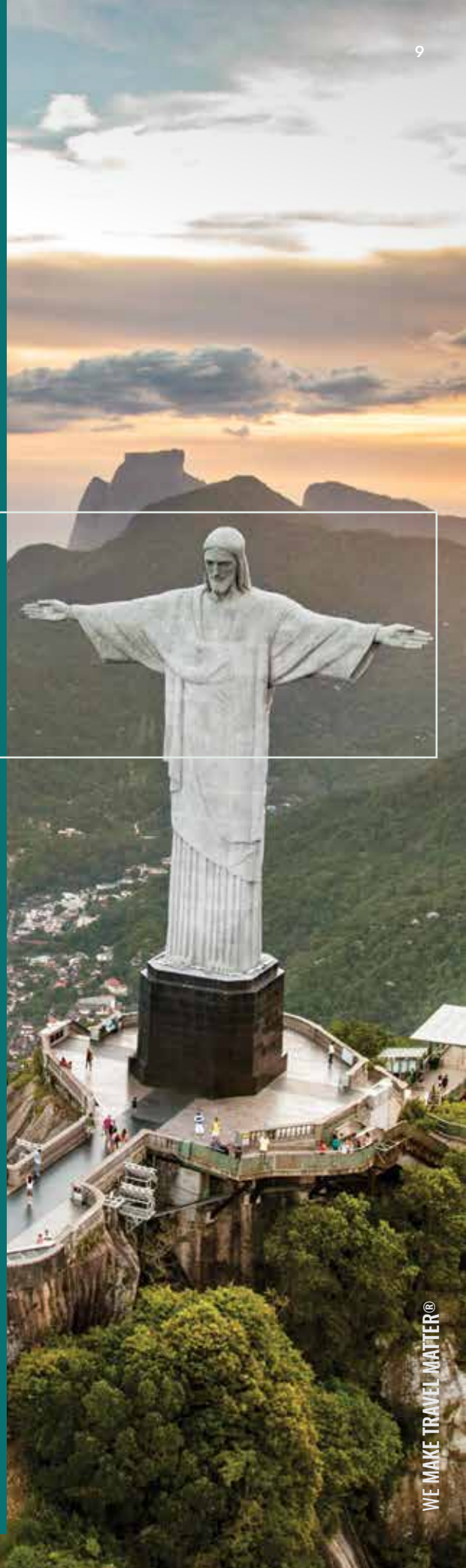
Venture deep into **Yellowstone's** winter wilderness by snow coach, the only way to access this section of park in the winter months. Glide through hushed forests and vast, snow-covered plateaus toward the dramatic **Grand Canyon of the Yellowstone**, where icy cliffs frame the rushing river below. Along your journey, see wildlife in their natural habitat, from bison crossing snowy meadows, to elk along the timberlines and coyotes tracing quiet paths through the open fields. *Experience on Yellowstone Winter Escape, page 20.*

FACE-TO-FACE WITH A WARRIOR

Explore the iconic **Crazy Horse Memorial** nestled in South Dakota's Black Hills, on Thunderhead Mountain. Led by a Local Expert, delve into the legacy of **Tasunke Witko**, or Crazy Horse, a revered Oglala Lakota warrior. Learn of his heroic feats, commitment to Lakota traditions, and witness the ongoing construction of this monumental tribute, hailed as the Eighth Wonder of the World. *Experience on American Parks Trail, page 24 and America's Magnificent National Parks, page 26.*

FALL HEAD OVER HEELS FOR NIAGARA

Situated on the Canadian-US border, set sail aboard a state-of-the-art eco-catamaran to **Niagara Falls**. Experience the exhilarating sensation of feeling the cool spray of the falls up close. With its staggering volume of 2,407 tons of water per second, there's no better vantage point to witness this natural wonder. *Experience on Best of Eastern Canada & USA, page 40.*



The Americas on Your Plate

A GREAT JOY OF TRAVEL IS DISCOVERING
A DESTINATION THROUGH CUISINE.

Take your seat at a selection of our favourite restaurants and establishments across the Americas. Delectable dishes include Best-in-Class vegetarian offerings, with wine, soft drinks, tea and coffee paired throughout. Plus, you'll rise and shine as you expect, with breakfast included every morning.



PERUVIAN PERFECTION

Indulge in the essence of tradition with a Peruvian 'Pachamanca'. Hot stones, wrapped in leaves, simmer underground for hours as your fragrant feast is cooked to perfection. Once ready, partake in a ceremonial 'opening' of the Pachamanca with a toast. Witness the symbolic pouring of alcohol onto the ground, a tribute to Mother Earth. *Experience on Peru with Machu Picchu, page 54.*

TOP-RATED RESTAURANTS

Each establishment, hand-selected by our expert team, delivers distinct flavour, flair, and all the trimmings.

WE HOPE YOU PACKED YOUR APPETITE

Step back into the nostalgic charm of the 1940s at **The Beauty Shop**, Memphis said to be where Priscilla Presley had her hair done. Now a cherished local gem, it offers American cuisine with a distinctive twist. Savour dishes such as sweet Louisiana crab, grilled hickory brisket and seared gulf shrimp topped off with crème brûlée, all within the cosy embrace of vintage hairdryer-adorned booths. *Experience on Soul of the Deep South, page 46.*

ISLAND FlavourS, REIMAGINED

Tucked into Maui's scenic upcountry, **Hali'imaile General Store** is a culinary landmark blending local charm with bold flavours. Savour Korean BBQ short ribs or citrus-roasted chicken, and don't miss the signature pineapple upside-down cake served warm with caramelised Maui Gold and fresh whipped cream. *Experience on Hawaii with Oahu, Maui & the Big Island, page 48.*

TURN UP THE HEAT

Fogón Asado, Argentina, featured in the 2024 Michelin guide, reimagines Argentina's traditional and succulent asado (barbecue). Take your seat for an intimate 9-course tasting menu where you can watch the chefs as they prepare each dish over an open flame, right before your eyes, complemented by handpicked Argentine wines. *Experience on Contrasts of Brazil & Argentina, page 52.*

COOKING DEMONSTRATIONS

Join top chefs and culinary experts to craft local dishes rich in taste and style.

LOCAL CHEFS, GLOBAL FLAVOURS

Across the Americas, talented local chefs impart new skills and recipes. In **Ottawa**, immerse yourself in a captivating forest-to-table cooking demonstration and dinner at **Just Food** (pictured top right), under the guidance of chefs at the community farm, using fresh foraged ingredients reflected through a seasonal ever-changing menu. *Experience on Best of Eastern Canada & USA, page 40.*



DINE-AROUND

On selected days, personalise your dining journey from a choice of hand-picked restaurants.

YOUR TASTE, YOUR TEMPO

Experience a culinary journey of your choice at **The Westin Resort & Spa**. Choose between the vibrant **Wailele Luau**, featuring traditional Polynesian flavours and captivating dance, or a serene dining experience at one of the resort's restaurants for a delightful dining experience curated by you. *Experience on Hawaii with Oahu, Maui & the Big Island, page 48.*

DINE-AT-HOME

Relish the company of locals, who open their doors, lay their tables and share their traditions offering you a unique insight into their lives.

BE TREATED TO AN ORCHID GARDEN LUNCH

In **Costa Rica**, enjoy private access to **Randall and Doña Aradina's** lush orchid garden, where you'll explore a curated collection of tropical species and plant life. Over lunch in their garden patio, gain deeper insight into their unique cultivation techniques that shape and maintain this floral environment. *Experience on Costa Rica Rainforest, page 50.*

THOUGHTFUL VEGETARIAN MENUS

Vegetarian options await across all meals.

GRILLED AND THRILLED

At **Thunderbird Dining Room**, Grand Canyon National Park, savour the richness of **grilled portabella and calabacitas in peppercorn creme sauce**, or delight in wholesome **pearl couscous with roasted vegetables**. Accompanied by flavourful potato salad, tangy pickled vegetables, and refreshing apple cranberry coleslaw. Finish with a classic American dessert: apple pie. *Experience on Wonders of the American West, page 30.*



Even More Premium Choices

OUR PREMIUM TOUCHES EXTEND ACROSS SMALL GROUP AND WOMEN-ONLY ITINERARIES. EACH TOUR IS CRAFTED WITH ITS OWN UNIQUE EXPERIENCES DESIGNED TO TAKE YOU EVEN DEEPER INTO THE PEOPLE AND CULTURE OF A DESTINATION.

SMALL GROUP ITINERARIES

Tours designed intentionally for fewer guests to deliver exclusive access. A more personal way to see the most desirable destinations of the world.

Our Small Group Tours are carefully curated for those who want to get deeper. Deeper into the culture, deeper into the places, and deeper into the moments that become lasting memories. With an average group size of only 16 guests, you're able to gain entry to unique spaces and authentic experiences that cannot typically accommodate larger groups.

Enjoy the signature Premium inclusions Insight Vacations is known for. From the exceptional hotels and luxury coaches to seamless travel and elevated service, all within a smaller footprint.

YELLOWSTONE WINTER ESCAPE
6 DAYS P.20

ENCHANTING CANYONLANDS
7 DAYS P.28

COSTA RICA RAINFOREST
9 DAYS P.50

PERU WITH MACHU PICCHU
10 DAYS P.54

HEART OF PATAGONIA
12 DAYS P.56



WOMEN-ONLY ITINERARIES

We're proud to bring you a collection of Women-Only itineraries across Europe, North Africa and the Americas. Crafted for women, by women, with experiences that support female-owned businesses, these tours will enrich and inspire.

With a maximum of 24 guests, on these tours you'll travel alongside like-minded women from around the world. In the Americas you can look forward to Women-Only departure options for:

NEW ENGLAND'S FALL FOLIAGE

8 DAYS *P.42*

TREASURES OF CAPE COD & THE ISLANDS

8 DAYS *P.44*

SOUL OF THE DEEP SOUTH

9 DAYS *P.46*

PERU WITH MACHU PICCHU

10 DAYS *P.54*

To learn more or discover the full collection, including the Women-Only experiences available on these tours, please visit insightvacations.com/women-only or speak to your Travel agent.



An aerial photograph of a resort pool area. The pool is rectangular with a light blue-green hue. Along the bottom edge of the pool, there is a row of lounge chairs and green umbrellas. The pool is surrounded by a well-manicured lawn. In the background, a dense, lush green forest covers a hillside, with a waterfall visible in the distance, partially obscured by mist or low clouds. The overall scene is bright and scenic, suggesting a tropical or mountain resort setting.

Put Your Feet Up, Let Your Hair Down

THE ART OF TOURING IN STYLE
BLENDS SEAMLESSLY FROM DAY INTO
NIGHT WITH 5- AND 4-STAR HOTELS
AND UNIQUE PROPERTIES THAT UNITE
STYLE AND LOCATION IN EQUAL
MEASURE. YOU'LL ALSO ENJOY MANY
RELAXED MORNING STARTS AFTER 9AM.

TOP-RATED HOTELS

Sink into a blissful sleep, waking up fresh and recharged with premium touches.

SLEEP WITH A SIDE OF WONDER AT GRAN MELIA IGUAZU

One of the world's best addresses, the only hotel within Iguazú National Park, the location, infinity pool and delectable dining options all come together at **Gran Meliá Iguazú** (pictured) for an exceptional experience right next to one of the Seven Natural Wonders of the World. *Experience on Contrasts of Brazil & Argentina, page 52.*

ADD EXTRA TO YOUR ORDINARY AT RHODE ISLAND'S HOTEL VIKING

Newport, Rhode Island, epitomises American glamour with its Gilded Age Mansions and yacht-filled harbour. Experience its sophistication firsthand at the boutique **Hotel Viking**, a Historic Hotels of America property. Enjoy luxurious surroundings and exceptional hospitality in this refined destination. *Experience on Treasures of Cape Cod & the Islands, page 44.*

RAINFOREST MEETS THE HORIZON AT HOTEL HELICONIA

Set high in the misty cloud forests of Monteverde, **Hotel Heliconia** immerses you in one of Costa Rica's most biodiverse regions. From your Gulf-view room, take in sweeping panoramas across the forest canopy toward the **Gulf of Nicoya**, where shifting light and cloud create an ever-changing backdrop. *Experience on Costa Rica Rainforest, page 50.*

SETTLE IN FOR SOME R&R AT THE WESTIN MAUI RESORT

After an insightful day exploring, rejuvenate at **The Westin Maui Resort & Spa** on the shores of the Pacific Ocean. Nestled on Ka'anapali Beach, with multiple pools, loungers, and restaurants, the resort offers ample opportunities to unwind and relax. *Experience on Hawaii with Oahu, Maui & the Big Island, page 48.*

DISCOVER THE MAGIC OF ARANWA SACRED VALLEY HOTEL

Nestled in a 17th-century colonial hacienda, **Aranwa Sacred Valley Hotel & Wellness** immerses you in the rich heritage of Incan culture. Globally acclaimed, it ranks fourteenth worldwide by Condé Nast Traveller readers, embodying premium excellence. *Experience on Peru with Machu Picchu, page 54.*

THE BRILLIANCE OF BRETON AT THE INVERARY RESORT

Discover Cape Breton's renowned hospitality at **The Inverary Resort, Baddeck**, nestled on the shores of Bras d'Or Lakes. With waterfront views and exceptional service, it serves as the perfect central base for exploring the island. *Experience on Landscapes of the Canadian Maritimes, page 38.*



UNIQUE STAYS & COSY LODGES

Understand the true meaning of “location, location, location” with our exceptional collection of stays that come with a side of ‘WOW’.



ENJOY AN ELEVATED STAY AT GLACIER VIEW LODGE

The ultimate address, your stay at Jasper National Park, **Glacier View Lodge** (pictured above) offers unrivaled views and exclusive access to the Athabasca Glacier before regular hours. *Experience on Spectacular Rockies & Glaciers of Alberta, page 34 and Canadian Rockies & Pacific Coast, page 36.*

BE NESTLED IN NATURE AT YELLOWSTONE NATIONAL PARK LODGES

Stay in the heart of Yellowstone National Park at one of the many lodges situated within the park boundaries. Enjoy after-hours access to marvel at Old Faithful without the crowds. Relax in classic wood lodging, complete with

a roaring open fire for an authentic American frontier experience. *Experience on Yellowstone Winter Escape, page 20, Yellowstone Discovery, page 22, American Parks Trail, page 24, and America’s Magnificent National Parks, page 26.*

HOTEL LAS TORRES – THE PEAK OF PREMIUM ACCOMMODATIONS

In Torres del Paine National Park, **Hotel Las Torres Patagonia** offers panoramic vistas of the valley and mountains. Enjoy premium culinary offerings and facilities, including a wellness centre, perfect for unwinding after exploring a portion of the park’s vast 448,284 acres. *Experience on Heart of Patagonia, page 56.*

Sit Back, Spread Out

ENJOY A JOURNEY AS GOOD AS THE DESTINATION.

Across our fleet of coaches, you can expect air-conditioning, restrooms, device charging stations, and thoughtful extra touches such as complimentary Wi-Fi, footrests, tray tables, entertainment screens and more. With group sizes capped at a maximum of 40 guests across all our tours, there's always more space to stretch out and relax, no matter your destination. And, in select destinations* in North America, we take extra space to the next level, with our exclusive 'Business Class' Style custom coaches, designed with 10 fewer seats than standard, offering up to double the legroom of mainstream coaches.

As you'd expect, fuel, parking, tolls and fees are included. Your luggage is also taken care of, loaded when you arrive at each hotel and again when it's time to continue your journey. Learn more about our coaches, and other fun ways to get around including train rides, included internal flights in select destinations and fun local ways to travel that you might experience on your selected tour. Visit insightvacations.com/coaches

*Please note that coach facilities and specifications may vary across different regions, depending on where you travel.

Pioneering Responsible Travel

MAKE YOUR TRAVELS A FORCE FOR GOOD.

A woman wearing a wide-brimmed hat and a red jacket with intricate embroidery is focused on weaving a colorful textile on a loom. The background is a rustic, textured wall with various items hanging on it.

*Insightful
Insights*

PERUVIAN PATTERNS

Incan textiles remain prized today for their beauty and cultural significance, with some pieces taking over 600 hours to create. In Peru's Sacred Valley foothills, you'll meet a Quechua weaver for firsthand insights into ancient weaving techniques dating back to 600 BC. Discover how vibrant textiles shape personal and regional identities in the Andes, conveying stories and emotions about the natural world. Your visit directly supports United Nations Sustainable Development Goal 10: Reduced Inequalities. *Experience on Peru with Machu Picchu, page 54.*

Travel has the transformative power to create a positive impact not only on you but also on the locals of the destinations you visit. As a tour company, we're driven by the mission to protect the world as we know it, ensuring future generations can discover it. We strive to make a positive impact on the people and communities we visit, protect the wildlife we encounter and conserve the natural resources of the planet we call home.

This comes to life through the impact we've had over the past five years of incorporating one MAKE TRAVEL MATTER® Experience on every itinerary, increasing the number of dining experiences that support local and small-scale food producers, and ensuring 100% of our animal experiences adhere to our strict Animal Welfare Policy that prioritises animal wellbeing.

OUR JOURNEY TO NET ZERO

Since 2019 we have been measuring and reducing the carbon footprint of our tours, in line with the global call for urgent climate action. Our efforts include sourcing HVO biofuel, with a lower carbon footprint compared to diesel, ensuring our coaches meet the latest fuel standards and partnering with our supply chain to increase their understanding of their environmental footprint. We're committed to achieving net-zero greenhouse gas (GHG) Emissions by 2050, backed by our Climate Action Plan.



Please scan for more insights into our journey to make a positive impact.

MAKE TRAVEL MATTER® EXPERIENCES

Your journey through the Americas also supports the people and places you visit, through experiences designed to educate, inspire and make a positive impact.

A MONUMENTAL NAVAJO EXPERIENCE

Travel off-road to a scenic cookout site in **Monument Valley** for a traditional barbecue lunch with members of the Navajo Nation. Enjoy Navajo tacos, fry bread, and offering a meaningful connection to this rich, ancient culture. Your visit directly supports United Nations Sustainable Development Goal 10: Reduced Inequalities. *Experience on Enchanting Canyonlands, page 28.*

BEAT THE CROWDS TO THE BEAT OF THE MUSIC

Delve into the rich history of soul music and its global impact at the **Stax Museum of American Soul Music in Memphis** for an exclusive after-hours visit. Discover the museum's origins in the 1950s and its dedication to preserving and honouring American soul music, featuring legends like Otis Redding, The Soul Children, and Jean Knight. Your visit supports UN

Sustainable Development Goal 4: Quality Education. *Experience on Soul of the Deep South, page 46.*

INSPIRATIONAL INSIGHTS FROM AN INDIGENOUS COMMUNITY

Explore **Mādahòkì Farm**, a 164-acre haven nestled within Ottawa's Greenbelt in Canada, dedicated to both conservation efforts and celebrating Indigenous heritage. Your visit directly supports United Nations Sustainable Development Goal 10: Reduced Inequalities. *Experience on Best of Eastern Canada & USA, page 40.*

LIVE THE SPIRIT OF ALOHA WITH LOCALS

Immerse yourself in Hawaiian culture with Lilia, a 13th-generation native, at **Gunstock Ranch on Oahu**. Join an eco-tour with your Local Expert in a Hawaiian Legacy Forest where your visit will support the planting of a native tree contributing to the healing of the local ecosystem. Your visit directly supports United Nations Sustainable Development Goal 15: Life on Land. *Experience on Hawaii with Oahu, Maui & the Big Island, page 48.*

SMALL GROUP TOUR

Yellowstone Winter Escape

See the park transformed by winter, from wildlife-rich valleys and steaming thermal basins to frozen lakes and a memorable snow coach ride.

6 DAYS | 1 COUNTRY | 9 MEALS | DYNAMIC



Be the first to
rate this new trip.

feefo^{ee}

Guest Review Rating



Trip code: YAST

DEPARTURE MONTHS

January - February

For dates and prices, contact your Travel Agent or see
[insightvacations.com/yellowstonewinterescape](https://www.insightvacations.com/yellowstonewinterescape)

DAY 1 | WELCOME TO BOZEMAN

Arrive in Bozeman, a historic Montana town shaped by rail routes, ranching traditions and its setting at the edge of the Rocky Mountains. Meet your Travel Director and fellow small group travellers and settle in before gathering for dinner. Share introductions over a relaxed meal and begin your winter journey focused on Yellowstone's snow-covered landscapes. **(D)**

Hotel: AC by Marriott Downtown, Bozeman

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | ARRIVE IN YELLOWSTONE NATIONAL PARK

Travel north to Gardiner, set along the Yellowstone River beneath snow-covered hills at the park's northern edge. Join a MAKE TRAVEL MATTER[®] Experience with Yellowstone Forever, focused on how wildlife adapts to winter conditions across the park. Continue to Mammoth, passing steaming terraces and open ground shaped by geothermal heat, before travelling into the wide valley floors of Lamar Valley. Here, an Insightful Encounter brings focus to winter wildlife and the landscape reshaped by the return of wolves. Later, travel on to your hotel, Mammoth Hot Springs Lodge, and enjoy time at leisure to make the most of your surroundings. Gather around the outdoor fire pit, take to the seasonal ice skating rink or unwind with a drink in the Map Room beside a crackling fire. **(B)**

Hotel: Mammoth Hot Springs Lodge, Yellowstone

DAY 3 | SNOW COACH TOURING IN YELLOWSTONE NATIONAL PARK

Spend a full day travelling through Yellowstone by snow coach, using winter routes closed to regular traffic. You'll move through quiet forest corridors and broad plateaus towards the Grand Canyon of the Yellowstone, where the river cuts through ice-lined rock. As the day continues, watch for bison moving across snowy meadows, elk along timber edges and coyotes crossing open ground. Travel on to the Upper Geyser Basin to see Old Faithful erupt into the cold air, then explore the surrounding boardwalks before checking into your lodge for the night. **(B) (L)**

Hotel: Old Faithful Snow Lodge

DAY 4 | OLD FAITHFUL AND WINTER LEISURE IN YELLOWSTONE

Begin your day at the Old Faithful Snow Lodge, a welcoming winter retreat set in the heart of Yellowstone's geyser country. From here, you may wish to explore the nearby visitor centre at your own pace or step outside to witness an eruption of the iconic Old Faithful. Explore around Old Faithful with Insight Choice. You could venture into the geyser basin on snowshoes, follow groomed trails on cross-country skis, or remain indoors with your Travel Director, warming up by the fire with

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

hot chocolate. Your afternoon and evening are free to enjoy Yellowstone in winter. You could head out for ice skating, take a short walk near the lodge, settle in with a camera as the light changes, or step outside after dark when clear skies bring out the stars. **(B) (D) (RS)**



There's nothing quite like moving along snow-covered trails that are typically crowded in the summer, now experienced in the quiet and stillness of winter. The landscape feels hushed, expansive and almost untouched.

ERICA, TRAVEL EXPERIENCES MANAGER

DAY 5 | YELLOWSTONE'S NORTHERN RANGE

Spend the morning travelling by snow coach through Yellowstone, moving through thermal ground and open winter landscapes. You'll pass Norris Geyser Basin, one of the park's

most active geothermal areas, and stop at the Madison Junction Warming Station before continuing through the surrounding thermal basin. Around midday, arrive at Mammoth Hot Springs, where time is set aside for lunch at leisure. In the afternoon, depart the park and travel back to Bozeman. This evening, come together with your small group and Travel Director for a final dinner, marking the final night of your winter journey through Yellowstone. **(B) (D)**

Hotel: AC by Marriott Downtown, Bozeman

DAY 6 | DEPART AT LEISURE

After breakfast, say goodbye to your Travel Director and fellow small-group travellers. Depart Bozeman at leisure, bringing your winter journey through Yellowstone to a close. **(B)**

Small Group Tours

With an average of 16 travellers, enjoy deep connections with the destinations and experts you meet along the way. Learn more about small group tours at insightvacations.com/ways-to-travel/small-groups or speak to your Travel Agent.



HIGHLIGHT INCLUSIONS

Premium Experiences

Lamar Valley | Explore Lamar Valley with MacNeil Lyons of Yellowstone Insight, discovering the northern range, wolf reintroduction, and winter wildlife while learning how predator-prey dynamics restore ecological balance.

Grand Canyon of the Yellowstone | Look out across steep volcanic rock carved by the Yellowstone River, with ice along the canyon walls, flowing water below and steam rising in the cold air.

Mammoth Hot Springs | See terraces formed by mineral-rich water flowing over limestone, with layered formations, rising steam and colours that shift over time.

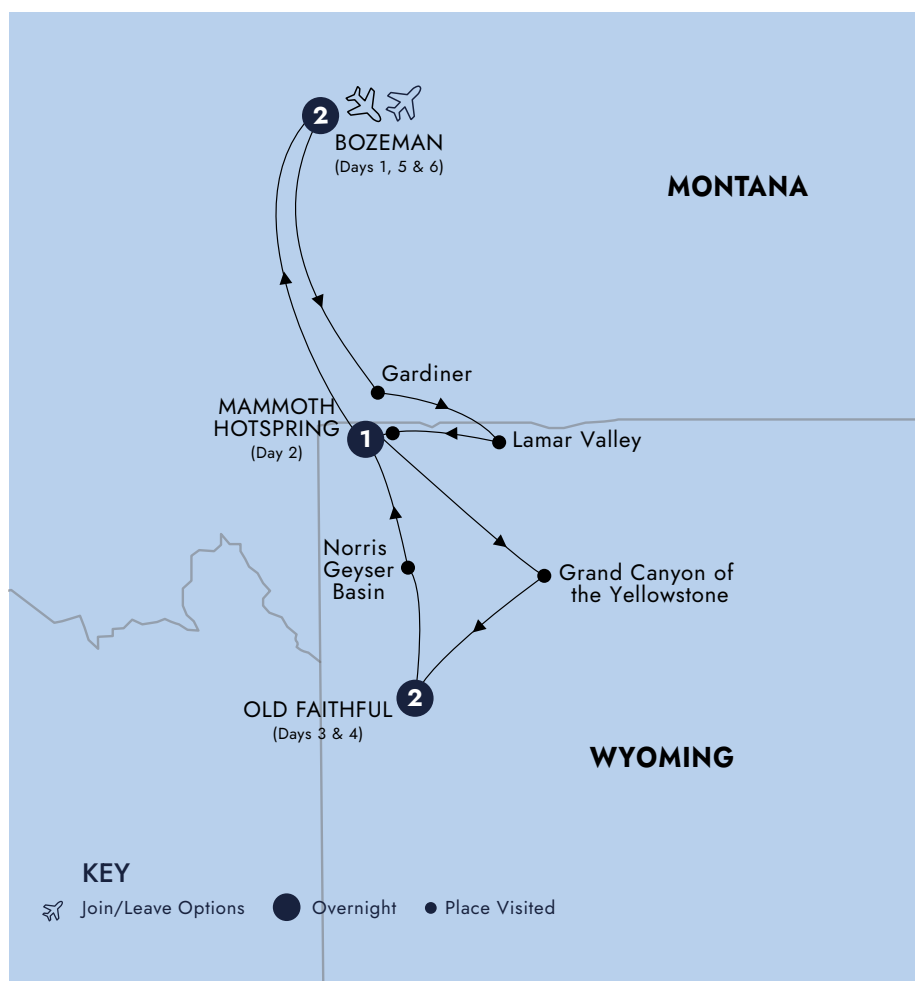
Old Faithful | *Insight Choice* Snowshoe through the Old Faithful area along packed snow and quiet thermal ground, past geysers and steam vents to see how winter snow, ice and rising steam reshape the landscape, *or* set out on groomed cross-country ski trails near Old Faithful at an easy pace, moving through winter scenery shaped by snowfall and geothermal heat, *or* stay indoors near Old Faithful with your Travel Director and enjoy hot chocolate by the fire while snow falls outside.

Yellowstone National Park | **MAKE TRAVEL MATTER®** Spend time in Gardiner with a representative from Yellowstone Forever for a focused talk on how wildlife survives Yellowstone's winter conditions. Through images, examples and discussion, you'll explore how animals move, shelter and conserve energy during the coldest months, and how winter shapes the park's ecological balance. Your visit directly supports United Nations Sustainable Development Goal 15: Life on Land.

Premium Dining

Bozeman | Delight in local specialties like bison meatloaf for a true taste of the region.

For all inclusions see tour page online.



Yellowstone Discovery

Enter the vast wonderland of the world's first National Park. Meet a local naturalist and explore natural wonders from Bozeman to Jackson Hole on an in-depth discovery.

7 DAYS | 1 COUNTRY | 10 MEALS | DYNAMIC



4.7/5
★★★★★
feefo

Guest Review Rating



Trip code: AYLO

DEPARTURE MONTHS

June - September

For dates and prices, contact your Travel Agent or see
insightvacations.com/yellowstone

DAY 1 | WELCOME TO BOZEMAN

Views of the magnificent Rocky Mountains welcome you to Bozeman. Get to know this charming town with an easy stroll along Main Street. In the evening, dine in the company of your fellow travellers. **(D)**

Hotel: AC by Marriott Downtown, Bozeman

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | ENJOY BOZEMAN

Let your curiosity be your guide as you explore Bozeman with Insight Choice. Opt to join a guided walking tour of Bozeman's historic Main Street, once a gathering place for the local indigenous people and an important location in the 1860s gold rush. Enjoy the stories of the colourful characters who influenced the look and shape of the town as you stroll past historic buildings. Or, visit the Museum of the Rockies, a world-class cultural and natural history museum renowned for displaying an extensive collection of dinosaur fossils. Get up close to the fully mounted Montana Tyrannosaurus rex skeleton and explore exhibits including Welcome to Yellowstone Country, Enduring Peoples and the Paugh History Hall. **(B) (RS)**

DAY 3 | HELLO YELLOWSTONE

Begin in Big Sky Country and travel toward West Yellowstone, a long-standing gateway to the park since the early 1900s. Inside Yellowstone National Park, pause at Gibbon Falls, where the river descends over ancient volcanic rock. Nearby, Norris Geyser Basin reveals the park's most thermally active terrain, with acidic springs, steam vents and unpredictable geysers offering a close look at Yellowstone's powerful geothermal systems. **(B) (L)**

Hotel: Canyon Lodge, Yellowstone National Park

DAY 4 | MAMMOTH HOT SPRINGS SIGHTSEEING

Set out with Local Expert Adam Brubaker, naturalist and photographer, to track Yellowstone's iconic wildlife in its natural habitat, from elusive wolves to mighty bison. As you scan the vast landscapes, learn how to spot telltale signs of movement and discover the delicate balance that allows these species to thrive. One of the major geyser basins in Yellowstone, Mammoth Hot Springs terraces invites you to put boots to ground on a gentle hike. The 2.2-mile Mammoth Terraces Trail passes many of the most beautiful and historic hot spring terraces of the park and snakes up to a sweeping outlook. This afternoon, explore Fort Yellowstone, home to 35 remaining buildings from the 1890s and early 1900s, and visit the Mail Carrier's Cabin, the only 1800s log structure still standing in Mammoth Hot Springs. After this step back in time, your Travel Director reveals more of Yellowstone National Park. **(B)**

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.



Visiting Yellowstone feels like stepping onto another planet, where over 10,000 geothermal features bubble, steam, and erupt in a landscape unlike anywhere else on Earth.

**MARITZA, TRAVEL
EXPERIENCES MANAGER**

DAY 5 | YELLOWSTONE'S GRAND CANYON

Venture deeper into Yellowstone's heart as you journey to the Grand Canyon of the Yellowstone, where the river has carved a spectacular chasm over millennia. From Artist Point, enjoy a view of the towering Lower Falls framed by the canyon's vividly coloured volcanic walls. Later, engage in a MAKE TRAVEL MATTER® Experience that brings you face-to-face with the living heritage of the Apsáalooke Nation. Through the words of Charles Yarlott, Jr., gain powerful insight into his people's ancestral connection to this land, passed down through oral history and lived tradition. Discover how the Crow people, known for their horsemanship and warrior traditions,

preserved their culture and identity through centuries of upheaval. **(B) (D) (RS)**

Hotel: Old Faithful Snow Lodge

DAY 6 | YELLOWSTONE'S FAMOUS OLD FAITHFUL

Set off this morning with a short hike on the Midway Geyser Loop, strolling along the boardwalks as steam rises from the distant Grand Prismatic Spring - Yellowstone's largest hot spring - and past Turquoise Pool and Opal Pool. Your Travel Director leads the way to Old Faithful showcasing other highlights of the park along the way. After lunch, take your time exploring the many impressive thermal features around Old Faithful, one of Yellowstone's most famous geysers. From rising steam to colourful pools and ponds, choose from a variety of hikes from less than 1 mile to 3 miles. **(B) (RS)**

DAY 7 | MOUNTAIN PEAKS AND THE WILD WEST

Conclude your journey in Grand Teton National Park to marvel at the stunning mountain peaks as your Travel Director reveals all the best vistas in this wildlife haven. Cap off your adventure with a private lunch at the National Museum of Wildlife Art, home to over 5,000 artworks spanning 4,500 years of wildlife history. In the late afternoon, bid farewell to the National Parks with a transfer to Jackson Hole Airport. **(B) (L)**

TRANSFER: Arrive at the airport at 14:00.



HIGHLIGHT INCLUSIONS

Premium Experiences

Bozeman | Insight Choice Explore the exhibits of the Museum of the Rockies, or discover the charm of downtown Bozeman on a walking tour.

Yellowstone National Park | Discover the many geothermal wonders including Grand Prismatic Spring, Excelsior Geyser, Opal Pool, Norris Geyser Basin and the world-famous Old Faithful.

Hike the Mammoth Hot Springs area. Discover the wild beauty of Lamar Valley alongside local expert, Adam Brubaker. Keep your eye out for wildlife in Hayden Valley. Admire the Grand Canyon of the Yellowstone.

Grand Teton National Park | See the soaring peaks of the Tetons within the National Park and watch for local wildlife.

Yellowstone National Park | MAKE TRAVEL MATTER® Hear the living history of Yellowstone from Charles Yarlott, Jr., a storyteller raised in the Crow language. Discover how the Crow people, known for their horsemanship and warrior traditions, preserved their culture and identity through centuries of upheaval. Your visit directly supports United Nations Sustainable Development Goal 11: Sustainable Cities and Communities.

Premium Dining

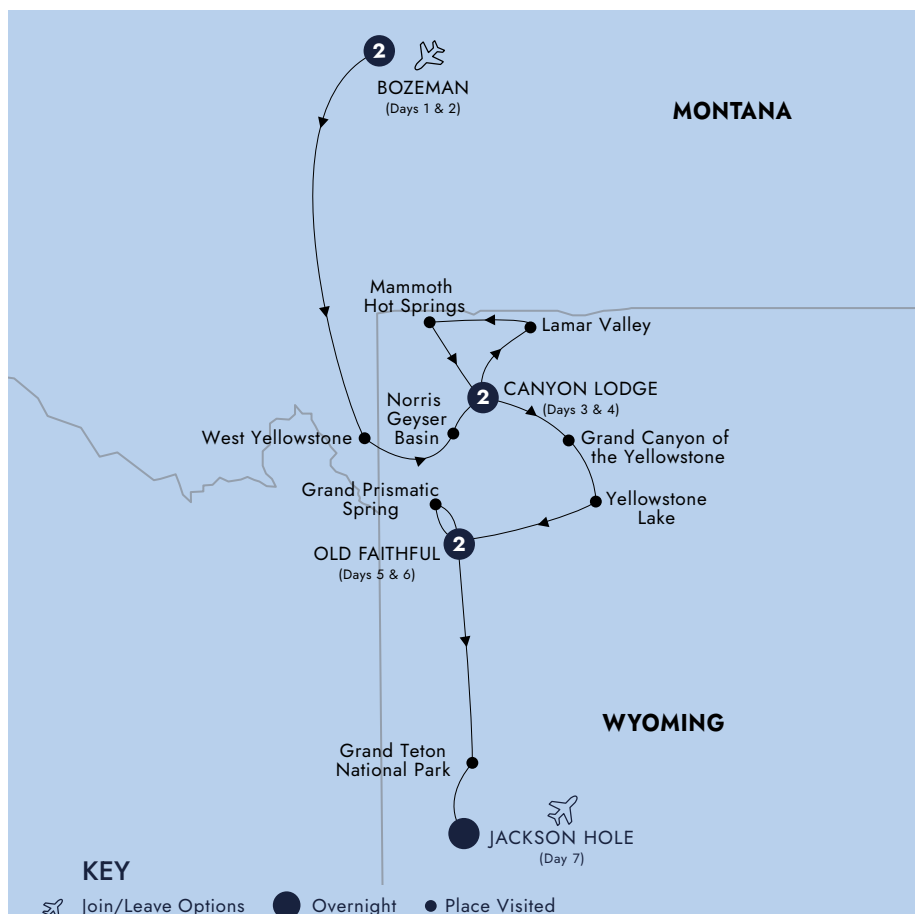
Bozeman | Delight in local specialties like bison meatloaf for a true taste of the region.

West Yellowstone | Enjoy lunch at Bullwinkle's Saloon and Eatery, a family-owned restaurant.

Yellowstone National Park | Sit down to dinner at Lake Yellowstone Hotel Dining Room, recognised for its commitment to sustainable practice and locally sourced and organic ingredients.

Jackson | Savour inventive lunch dishes from Palate in the National Museum of Wildlife Art's private restaurant.

For all inclusions see tour page online.



American Parks Trail

Experience an authentic Wild West adventure in Yellowstone National Park. Learn about Indigenous culture of the Black Hills, and float down the Snake River.

9 DAYS | 1 COUNTRY | 11 MEALS | BALANCED



4.7/5
★★★★★
feefo

Guest Review Rating



Trip code: AAP

DEPARTURE MONTHS

May - October

For dates and prices, contact your Travel Agent or see
insightvacations.com/american-parks-trail

DAY 1 | ARRIVE SALT LAKE CITY

Welcome to Salt Lake City, the capital of Utah. Situated between Wasatch Range and the Great Salt Lake, this mountainous city is perfect for lovers of the outdoors, with a strong focus on skiing and hiking. Savour dinner accompanied by wine in the company of your fellow travellers. (D)

Hotel: Marriott Downtown at City Creek, Salt Lake City

DAY 2 | JACKSON AND THE TETONS

Before leaving Salt Lake City, take in the State Capitol building. Drive along the scenic Logan Canyon, over the Wasatch Mountain Range, and up to Bear Lake. Stop for lunch near Bear Lake offering views of beautiful turquoise waters. Then, head north across the Oregon Trail to historic Jackson. Have your cameras ready for the famous elk antlers at central square. Eager shoppers will find a number of charming traditional boutique galleries to browse. Enjoy the rest of the evening at leisure, with your hotel located within walking distance from Jackson Town Square. (B)

Hotel: Elk Country Inn, Jackson Hole

DAY 3 | YELLOWSTONE NATIONAL PARK

Wake up to a mountainous view like no other and witness the striking Grand Tetons thrust skyward 13,775 ft (4,199 m) from the valley floor. This morning, you have the opportunity to partake in an optional scenic float down the Snake River inside Grand Teton National Park. In keeping with today's rustic country charm, you'll enter Yellowstone, the world's first National Park. Known for its unique geothermal activity, spectacular landscapes and abundant wildlife, you'll experience Wyoming in all its glory. Keep an eye out for black bears or wolves. Tonight you'll stay in one of Yellowstone's National Park Lodges, allowing you to experience the park after hours, in its natural habitat. (B) (RS)

Hotel: Yellowstone National Park Lodges

DAY 4 | GEYSERS AND HOT SPRINGS

Yellowstone National Park is home to over half of all the world's geysers. Boasting over 500 steaming geysers, today is your chance to walk among hot springs, watch erupting geysers, see bubbling mud pots, and keep your eyes peeled for colourful geothermal paint pots on an informative sightseeing tour with your Travel Director. See Old Faithful, Hayden Valley and behold the powerful Lower Yellowstone Falls. (B)

DAY 5 | THE RANCH AT UCROSS

Set off on your travels through the stark Shoshone Canyon and Absaroka Rocky Mountains, leading you to the Wild West Town of Cody. Channel your inner showman and learn more about America's great Western legends at the Buffalo Bill Centre, known for its Western art collection, firearms, and natural

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

history. Travel through the Bighorn National Forest to the Ranch at UCross. Take in the rustic charm as you're hosted at a traditional Wyoming Family ranch. Start off the evening with a cocktail hour in the historic Ranch House bar. After a home-cooked dinner, enjoy a fire pit with live entertainment, including country, folk and bluegrass music. **(B) (D)**

Hotel: Ranch at UCross, Clearmont

DAY 6 | DEVILS TOWER INTO THE BLACK HILLS

Explore with Insight Choice. Choose to head out on a scenic country horseback ride accompanied by a ranch hand. Alternatively, try your hand at fishing, or simply relax and take in the beautiful scenery. Make your way to Devils Tower National Monument, an astounding geological feature that protrudes out of the surrounding Black Hills. You'll learn why this symbolic landmark is sacred to the Lakota people and other local tribes. Experience Spearfish Canyon, a favoured spot among wildlife enthusiasts, famous for its woodland beauty. **(B) (RS)**

Hotel: Spearfish Canyon Lodge, Lead

DAY 7 | CUSTER AND THE WILD, WILD WEST

A day for those looking to explore the Wild West, keep watch for the pronghorn antelope, the fastest mammal in North America, as you

cross the great high plains to the Black Hills of South Dakota. This morning, a one-of-a-kind MAKE TRAVEL MATTER® Experience brings you to Badlands National Park, where a Local Expert reveals the striking geology, sweeping prairie and deep Indigenous history of this extraordinary landscape. Spanning 244,000 acres of sharply eroded buttes, pinnacles and spires alongside the largest protected mixed-grass prairie in America, this hidden gem of the national park system offers scenery unlike anywhere else. **(B)**

Hotel: State Game Lodge, Custer State Park

DAY 8 | BLACK HILLS MONUMENTS

This morning, see Mount Rushmore National Memorial, then travel to the Crazy Horse Memorial, the world's largest mountain carving in honour of the Lakota warrior. With exclusive access not available to the general public, you'll ascend 172 m (563 ft) to face the monument up close. Tonight, celebrate your travels over dinner with your Travel Director and newfound friends. **(B) (D) (RS)**

DAY 9 | DEPART DENVER

Your journey comes to end today. Say goodbye to your travel companions. **(B)**

TRANSFER: Depart your hotel and transfer to Denver airport, arriving at approximately 16:30.

HIGHLIGHT INCLUSIONS

Premium Experiences

Jackson | Explore the town's boutiques and stores, which blend the Old West with a modern twist.

Yellowstone National Park | Discover the many geothermal wonders including Grand Prismatic Spring, Excelsior Geyser, Opal Pool, Norris Geyser Basin and the world-famous Old Faithful.

Grand Teton National Park | See the soaring peaks of the Tetons within the National Park and watch for local wildlife.

Black Hills | View Devils Tower National Monument. Visit Crazy Horse Memorial and Mount Rushmore National Memorial.

Visit Crazy Horse Memorial, and gain exclusive access to the face of the monument.

See the iconic Mount Rushmore National Memorial.

UCross | *Insight Choice* Live the American frontier dream with a scenic morning country horseback ride, or take a leisurely fishing outing and enjoy the serene surroundings.

Badlands National Park | Take in sweeping views from scenic vantage points, including Big Badlands Overlook.

Badlands National Park | **MAKE TRAVEL MATTER®** Experience the otherworldly beauty of Badlands National Park in the company of a Local Expert from Black Hills Adventure Tours, whose interpretation reveals both the park's remarkable geology and its deep Indigenous heritage. Journey through a landscape shaped over millions of years while hearing the stories, histories and perspectives that bring you up close and personal with this powerful place. Guided by either a local historian involved in training Indigenous guides or by an Indigenous guide supported through professional development, this experience offers authentic cultural connection and meaningful insight. Your visit directly supports United Nations Sustainable Development Goal 10: Reduced Inequalities.

Premium Dining

Salt Lake City | Mingle with fellow guests over a dinner with wine.

UCross | Savour a hearty ranch-style dinner prepared by your local hosts.

Custer | Toast to the finale of your trip at a dinner served at your lodge in Custer State Park.

For all inclusions see tour page online.



America's Magnificent National Parks

Embrace the natural wonders from the Grand Canyon and Zion's pink-hued cliffs to Bryce Canyon's hoodoos, the peaks of the Tetons, and the geysers of Yellowstone.

15 DAYS | 1 COUNTRY | 21 MEALS | BALANCED



4.8/5



Guest Review Rating

DEPARTURE MONTHS

April - October

For dates and prices, contact your Travel Agent or see
[insightvacations.com/americanparks](https://www.insightvacations.com/americanparks)

DAY 1 | ARRIVE IN PHOENIX AND TRAVEL TO SCOTTSDALE

Upon arrival in Arizona, head to Scottsdale at your leisure. This evening, savour dinner and wine with your fellow travellers. (D)

Hotel: Valley Ho, Scottsdale

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | SEDONA AND THE WONDERS OF THE MIGHTY GRAND CANYON

Travel through the world-renowned Red Rock Scenic Byway, a celebrated route known for its dramatic desert landscapes. Meet your Local Expert, 'Canyon Tim' at the South Rim of the Grand Canyon to learn about the origins of the five-million-year-old canyon. (B)

Hotel: Grand Canyon National Park Lodge

DAY 3 | SIGHTS OF MONUMENT VALLEY

Early risers will witness one of Mother Nature's grandest shows on earth: a sunrise over the Grand Canyon. Join a MAKE TRAVEL MATTER® Experience in Monument Valley Tribal Park. Enjoy a Navajo cookout amid the landscape's giant buttes and mesas. (B) (L)

Hotel: Lake Powell Resorts and Marinas

DAY 4 | LEISURELY LAKE POWELL

Enjoy a day at leisure in Lake Powell. Choose to relax at the resort or join an Optional Experience, floating down the Colorado River past Horseshoe Bend and Petroglyph Beach, or exploring Antelope Canyon with a local Navajo (Diné) guide. This evening, a MAKE TRAVEL MATTER® Experience awaits at Red Heritage, where Navajo performers share Powwow dance, flute and drum music over dinner at this Navajo-owned performing arts theatre. (B) (D) (RS)

DAY 5 | BRYCE CANYON NATIONAL PARK

Travel through Bryce Canyon Country on a portion of the Scenic Highway 89. Enjoy a visit to Bryce Canyon National Park and see the natural amphitheatre and its famous hoodoos. (B)

Hotel: The Red Cliffs Lodge Zion, Springdale

DAY 6 | ZION NATIONAL PARK

After breakfast, you will tour the canyon aboard a privately chartered open-air vehicle, with live commentary from a Local Expert to show you the many scenic highlights of the canyon. Explore Zion National Park further with Insight Choice. Choose to hike to the Emerald Pools or take a self-guided leisurely stroll along the Virgin River Walk and keep your eye out for wildlife. (B) (D)

DAY 7 | SALT LAKE CITY

This morning you'll make your way out of Zion National Park and travel to Salt Lake City, the capital of Utah. In the evening join your fellow travellers for a dinner with wine at the hotel. (B) (D)

Hotel: Marriott Downtown at City Creek, Salt Lake City

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.



Trip code: AAMC

DAY 8 | JACKSON AND THE TETONS

Head north across the Oregon Trail to historic Jackson, Wyoming. Here you'll be able to explore the storied town at your own leisure. **(B)**
Hotel: Elk Country Inn, Jackson Hole

DAY 9 | YELLOWSTONE NATIONAL PARK

Today, head toward Grand Teton National Park. Next, discover breathtaking Yellowstone, known for its unique geothermal activity, spectacular landscapes and the abundant wildlife that you are sure to spot. **(B) (RS)**
Hotel: Yellowstone National Park Lodges

DAY 10 | GEYSERS AND HOT SPRINGS

Yellowstone National Park is home to over half of all the world's geysers. You can view colourful geothermal paint pots on an informative sightseeing tour with your Travel Director, see Old Faithful and Hayden Valley, and behold the powerful Lower Yellowstone Falls. **(B)**

DAY 11 | THE RANCH AT UCROSS

Travel through Shoshone National Forest to the Wild West town of Cody, and learn about America's great Western legends at the Buffalo Bill Centre of the West. This evening, enjoy a ranch-style dinner. **(B) (D)**
Hotel: Ranch at UCross, Clearmont

DAY 12 | DEVILS TOWER INTO THE BLACK HILLS

Explore the Ranch at UCross with Insight Choice. Choose to head on a scenic country horseback ride accompanied by a Ranch Hand. Or, try your hand at fishing. Make your way to Devils Tower, an astounding geological feature in the Black Hills. Next, experience Spearfish Canyon popular with wildlife enthusiasts and famous for its elvish woodland. **(B) (RS)**
Hotel: Spearfish Canyon Lodge, Lead

DAY 13 | CUSTER AND THE WILD, WILD WEST

A day for those looking to explore the Wild West, keep watch for the pronghorn antelope, the fastest mammal in North America, as you cross the great high plains to the Black Hills of South Dakota. This morning, a MAKE TRAVEL MATTER® Experience brings you to Badlands National Park, where a Local Expert reveals the striking geology, sweeping prairie and deep Indigenous history of this extraordinary landscape. Spanning 244,000 acres of sharply eroded buttes, pinnacles and spires alongside the largest protected mixed-grass prairie in America, this hidden gem of the national park system offers scenery unlike anywhere else. **(B)**
Hotel: State Game Lodge, Custer State Park

DAY 14 | BLACK HILLS MONUMENTS

This morning, see Mount Rushmore National Memorial, then travel to the Crazy Horse Memorial, the world's largest mountain carving in honour of the Lakota warrior. With exclusive access not available to the general public, you'll ascend 172 m (563 ft) to face the monument up close. Tonight, celebrate your travels over dinner with your Travel Director and newfound friends. **(B) (D) (RS)**

DAY 15 | DEPART IN RAPID CITY OR DENVER

It's time to say goodbye to your fellow travellers. You can choose to take one of our complimentary shuttle services, to Rapid City Regional Airport or to Denver International Airport. **(B)**

TRANSFER: Depart your hotel and transfer to Denver airport, arriving at approximately 16:30.

HIGHLIGHT INCLUSIONS*Premium Experiences*

Grand Canyon National Park | Meet Local Expert "Canyon Tim" for an Insightful Talk about the geological history behind the South Rim.

Zion National Park | Travel by private open-air tram to view the canyon's natural beauty.

UCross | Insight Choice Live the American frontier dream with a scenic morning country horseback ride, or take a leisurely fishing outing and enjoy the serene surroundings.

Custer State Park | Take in vistas of free-roaming bison and spectacular landscapes.

Black Hills | Visit Crazy Horse Memorial, and gain exclusive access to the face of the monument.

Page | MAKE TRAVEL MATTER® Navajo (Diné) owned and operated, Red Heritage is a Native American Performing Arts theatre showcasing awe-inspiring local talent and preserving Navajo culture and dance. Your visit directly supports United Nations Sustainable Development Goal 10: Reduced Inequalities.

Badlands National Park | MAKE TRAVEL MATTER® Experience the otherworldly beauty of Badlands National Park in the company of a Local Expert from Black Hills Adventure Tours, whose interpretation reveals both the park's remarkable geology and its deep Indigenous heritage. Journey through a landscape shaped over millions of years while hearing the stories, histories and perspectives that bring you up close and personal with this powerful place. Guided by either a local historian involved in training Indigenous guides or by an Indigenous guide supported through professional development, this experience offers authentic cultural connection and meaningful insight. Your visit directly supports United Nations Sustainable Development Goal 10: Reduced Inequalities.

Premium Dining

Scottsdale | Mingle over a delightful dinner at your resort's renowned Zuzu Restaurant.

Clearmont | Start with cocktails before your All-American ranch-style dinner, then head to the fire pit for s'mores and live music.

For all inclusions see tour page online.



Enchanting Canyonlands

Marvel at the Grand Canyon and Zion National Park. See Sedona's towering red rocks and immerse yourself in Monument Valley's Navajo culture.

7 DAYS | 1 COUNTRY | 10 MEALS | BALANCED

SMALL GROUP OPTION AVAILABLE



4.7/5
★★★★★
feefo

Guest Review Rating



Trip code: AEC

DEPARTURE MONTHS

February - October

For dates, prices and to choose your group size call your Travel Agent or see [insightvacations.com/canyonlands](https://www.insightvacations.com/canyonlands)

DAY 1 | ARRIVE IN PHOENIX AND TRAVEL TO SCOTTSDALE

Welcome to Arizona, famous for its scenic road trips, towering Monument Valley, and of course the awe-inspiring Grand Canyon. Arrive in Phoenix and transfer on your own to Scottsdale. Perhaps explore the city's Arts District, home to numerous galleries, museums and public art installations. This evening, savour dinner in the company of your fellow travellers. (D)

Hotel: Valley Ho, Scottsdale

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | SEDONA AND THE WONDERS OF THE MIGHTY GRAND CANYON

Travel through world-renowned Red Rock Country along the Red Rock Scenic Byway, one of only 20 designated All-American Roads nationwide. Explore bohemian Sedona with its shops and galleries, or simply take in the exceptional beauty of Red Rock Country before heading to the Grand Canyon. At an astonishing 445 km long, 29 km wide and 1.6 km deep, the Grand Canyon is the second-most-visited national park in the USA. Meet your Local Expert 'Canyon Tim' at the South Rim for specialised insight on the Grand Canyon. You'll discover the origins of the five-million-year-old canyon and the jaw-dropping features of this park, home to deep canyons, sweeping vistas and rich environmental history. The afternoon is at leisure to explore as you please. Perhaps take to the sky on an optional flightseeing helicopter tour over the South and North Rims. Tonight, enjoy spectacular sunset views from your hotel inside the park. (B)

Hotel: Grand Canyon National Park Lodge

DAY 3 | SIGHTS OF MONUMENT VALLEY

Early risers will witness one of Mother Nature's grandest shows on earth: a sunrise over the Grand Canyon. Travel along the South Rim View Drive, skirting the South Rim of the canyon. Stop at Desert View Point to see the historic watchtower built by Mary Colter in the Puebloan style. Join a MAKE TRAVEL MATTER® Experience in Monument Valley Tribal Park, where Navajo (Diné) Local Experts guide you through the history, culture and heritage of the Navajo Nation aboard all-terrain vehicles. Enjoy a Navajo cookout amid the giant buttes and mesas of this unique landscape. (B) (L)

Hotel: Lake Powell Resorts and Marinas

DAY 4 | LEISURELY LAKE POWELL

Today is entirely yours to do as you please. Partake in one of our popular Optional Experiences, explore on your own, or simply relax by the resort swimming pool with views of Lake Powell. As an optional activity this morning, let yourself be tempted by a gentle trip down the Colorado River. Calmly float past some of the most awe-inspiring sites, like the iconic Horseshoe Bend and Petroglyph Beach. Or, explore the iconic and picturesque

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

Antelope Canyon with a local Navajo (Diné) guide. Tonight, Navajo culture takes centre stage with a MAKE TRAVEL MATTER® Experience at Red Heritage. This Navajo-owned performing arts theatre will delight as you see local tribal members sing, share a colourful Powwow dance, flute playing and live drum music over dinner and drinks. **(B) (D) (RS)**

DAY 5 | BRYCE CANYON COUNTRY

Journey across a wide-open landscape punctuated by colourful sandstone cliffs and high ridges dotted with piñon pine and juniper. Travel through Bryce Canyon Country on a portion of the Scenic Highway 89, recognised by National Geographic as the No. 1 Drivers' Drives in the world. You will be struck by the beauty of Bryce Canyon National Park, an otherworldly landscape of red rock pillars known as hoodoos, pink cliffs, and endless vistas. Take in the breathtaking views along the Rim Trail with photo stops at the most scenic viewpoints. Enjoy a leisurely walk from Sunset Point to Sunrise Point, where you'll be spellbound by the beauty and majesty of this dramatic natural landscape. In the evening, you'll arrive at our lodge. Take a stroll or relax and unwind in preparation for a full day of exploring the next day. **(B)**

Hotel: The Red Cliffs Lodge Zion, Springdale

DAY 6 | ZION NATIONAL PARK

After breakfast, you will tour the canyon aboard a privately chartered open-air vehicle, with live commentary from a Local Expert to show you the many scenic highlights of the canyon. Explore Zion National Park further with Insight Choice. Choose to hike to the Emerald Pools or take a self-guided leisurely stroll along the Virgin River Walk and keep your eye out for wildlife. **(B) (D)**

DAY 7 | DEPART SALT LAKE CITY

This morning you'll bid farewell to the beautiful national parks and your fellow travellers. You will be taken to Salt Lake City International Airport. Alternatively, a transfer to our post-night hotel is also provided should you wish to extend your stay. **(B)**

TRANSFER: Arrive at the airport at 15:00.

Small Group Option

Experience this itinerary differently with a Small Group version of this tour, averaging 16 travellers. Learn more about small group tours at insightvacations.com/ways-to-travel/small-groups or speak to your Travel Agent.



HIGHLIGHT INCLUSIONS

Premium Experiences

Sedona | Immerse yourself in stunning, natural peaks and rock formations along Oak Creek Canyon Scenic Drive.

Grand Canyon National Park | Meet Local Expert "Canyon Tim" for an Insightful Talk about the geological history behind the South Rim.

Bryce Canyon National Park | View the odd-shaped monoliths, known as hoodoos.

Zion National Park | Travel by private open-air tram to view the canyon's natural beauty.

Zion National Park | *Insight Choice* Visit the Zion Nature Centre and learn about its impact supporting the local environment through educational programmes.

Monument Valley | MAKE TRAVEL MATTER® Deepen your knowledge of the land as you travel by off-road vehicles to the cookout site for dinner with members of the Navajo nation. Your visit directly supports United Nations Sustainable Development Goal 10: Reduced Inequalities.

Page | MAKE TRAVEL MATTER® Navajo (Diné) owned and operated, Red Heritage is a Native American Performing Arts theatre showcasing awe-inspiring local talent and preserving Navajo culture and dance. Your visit directly supports United Nations Sustainable Development Goal 10: Reduced Inequalities.

Premium Dining

Scottsdale | Mingle over a delightful dinner at your resort's renowned Zuzu Restaurant.



For all inclusions see tour page online.

Wonders of the American West

See ancient pueblo dwellings in Mesa Verde National Park, explore Bryce Canyon's hoodoo spires, and discover the Navajo Nation in Monument Valley.

10 DAYS | 1 COUNTRY | 14 MEALS | DYNAMIC



4.8/5



feefo

Guest Review Rating



Trip code: AWSW

DEPARTURE MONTHS

April - June + September - October

For dates and prices, contact your Travel Agent or see [insightvacations.com/americanwest](https://www.insightvacations.com/americanwest)

DAY 1 | ARRIVE IN LAS VEGAS

Welcome to glittering Las Vegas. At Paris Las Vegas Hotel and Casino, see the City of Lights with the same passion, excitement and ambiance of Europe's most romantic city. This evening, savour dinner accompanied by wine in the company of your fellow travellers. **(D)**

Hotel: Paris, Las Vegas

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | ZION NATIONAL PARK

In Zion National Park, follow the paths where Native Americans and pioneers walked as you gaze up at massive sandstone cliffs of cream, pink and red. Take a private, narrated tram ride alongside the Virgin River and the canyon walls to some of the most treasured spots in the park. Arrive at Bryce Canyon Lodge to explore the nearby trails and vistas. **(B)**

Hotel: The Lodge at Bryce Canyon

DAY 3 | WHIMSICAL BRYCE CANYON NATIONAL PARK

Travel through Bryce Canyon National Park encountering the whimsical eroded rock formations. Opt to explore by horseback, climbing Bristlecone Pine Ridge lined with 1,500-year-old Bristlecone Pine trees. This evening, go off the beaten path to view the colour-changing hoodoos as the sun sets. Feast on a three-course dinner with wine and sweeping canyon vistas. **(B) (D) (RS)**

DAY 4 | ESCALANTE NATIONAL MONUMENT AND CAPITOL REEF

Experience Grand Staircase-Escalante National Monument exploring this land of the Ancestral Puebloan and Fremont people. Venture to Capitol Reef National Park's landscape of colourful canyons, ridges, buttes and monoliths. This evening is yours to explore downtown Moab at your leisure. Dine at one of the local restaurants or peruse the many gift shops and boutiques that line Main Street. **(B)**

Hotel: Element, Moab

DAY 5 | ARCHES NATIONAL PARK AND CANYONLANDS NATIONAL PARK

Visit Arches National Park, housing the greatest concentration of natural arches in the world. Immerse yourself in the grandeur of the remarkable Windows Section and the captivating Double Arch up close. Then it's onto Canyonlands National Park for a drive onto the Island in the Sky, a mesa resting 304 m (1,000 ft) above the countryside. Your sightseeing tour includes various lookout points including the Grand Viewpoint with sweeping views of the Colorado River carving through the red-rock landscape. Tonight, take your pick from a selection of local restaurants to customise your Dine-Around evening. **(B) (D)**

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

DAY 6 | MESA VERDE NATIONAL PARK

Visit Mesa Verde National Park, designated as a UNESCO World Heritage Site since 1978, and learn how the park protects some of the best-preserved Ancestral Puebloan archaeological sites in the United States. Among 600 historic cliff dwellings, view the ancient pueblo dwellings known as Cliff Palace, the largest cliff dwelling in the country. This evening, settle in for a relaxing stay at the only lodging inside Mesa Verde National Park. **(B)**

Hotel: Far View Lodge, Mesa Verde National Park

DAY 7 | MONUMENT VALLEY

Continue your adventure as you journey to the iconic film location featured as the backdrop for Forrest Gump's final run. Deepen your understanding of the region with your MAKE TRAVEL MATTER® Experience in Monument Valley Tribal Park, where Navajo (Diné) Local Experts guide you through the history, culture and heritage of the Navajo Nation over an authentic cookout dinner. This carefully prepared experience keenly exemplifies the relationship of respect with the land in the valley and the importance placed on preserving the natural treasures found here. Savour each moment of this Navajo cookout amid the giant buttes and mesas of this unique landscape. **(B) (D)**

Hotel: Goulding's Lodge, Monument Valley

DAY 8 | MONUMENT VALLEY TO MYSTERY VALLEY

Embark on an exclusive journey into Mystery Valley, an area full of Anasazi ruins and rock art not seen from the main highway. Enjoy a guided tour with a local Navajo (Diné) guide among ancient Indigenous ruins and see graceful geological formations, scattered artifacts and breathtaking views of the neighbouring valley.

In Monument Valley Navajo Tribal Park, board an off-road vehicle to explore with your guide. This area is also the backdrop for many Western Hollywood hits, including "Stagecoach" and "Fort Apache". Inspired by these iconic movies, you'll find "John Wayne's Cabin" at nearby Goulding's Lodge. This small structure was used for exterior shots in "She Wore a Yellow Ribbon," starring Wayne himself. **(B)**

DAY 9 | THE WONDERS OF THE GRAND CANYON

Visit the historic Cameron Trading Post before taking in the Grand Canyon from Desert View Watchtower built by Mary Colter in the Puebloan style. Track the Colorado River that leads you to the aptly named Painted Desert which extends towards Hopi & Navajo Nation lands. At Grand Canyon National Park, continue your exploration with Insight Choice. Enjoy a leisurely hike along the scenic Rim Trail with your Travel Director, or join Local Expert 'Canyon Tim' for an enlightening discussion covering millions of years of history. End your holiday in the grandest way possible with dinner inside the park. **(B) (D)**

Hotel: Grand Canyon National Park Lodge

DAY 10 | RETURN TO LAS VEGAS

Wake up to the backdrop of the Grand Canyon and enjoy peace and tranquility before the day-trippers arrive. You may take an optional flight-seeing helicopter ride for stunning views over the Grand Canyon before your journey ends with a departure transfer to Las Vegas International Airport. For those extending their stay in Las Vegas, a complimentary hotel transfer to the Las Vegas post-night hotel is included. **(B)**

TRANSFER: Arrive at the airport at 17:00.

**HIGHLIGHT INCLUSIONS***Premium Experiences*

Zion National Park | Travel by private open-air tram to view the canyon's natural beauty.

Arches National Park | View the park's famous natural formations, including the iconic Delicate Arch.

Canyonlands National Park | Enjoy spectacular views over the rugged, river-carved wilderness.

Mesa Verde National Park | See the ancient pueblo cliff dwellings.

Monument Valley | Embark on an exclusive journey with a local Diné (Navajo) guide into Mystery Valley's relatively unknown haven of Anasazi ruins.

Grand Canyon | *Insight Choice* Hike along the rim for spectacular views, or meet Geology Expert, "Canyon Tim".

Monument Valley | **MAKE TRAVEL MATTER®** Deepen your knowledge of the land as you travel by off-road vehicles to the cookout site for dinner with members of the Navajo nation. Your visit directly supports United Nations Sustainable Development Goal 10: Reduced Inequalities.

Premium Dining

Bryce Canyon National Park | Enjoy a memorable dinner set against the park's beautiful surroundings.

Moab | Choose from a hand-picked selection of mouthwatering restaurant options during your Dine-Around evening.

Grand Canyon National Park | Enjoy dinner at the Thunderbird Room with an incredible view overlooking the South Rim.



For all inclusions see tour page online.

Jewels of Alaska

From Indigenous traditions to glacier-lined waters, uncover Alaska through cultural encounters, rail travel and a cruise through Prince William Sound.

7 DAYS | 1 COUNTRY | 10 MEALS | BALANCED



4.6/5
★★★★★
feefo

Guest Review Rating



Trip code: AJAK

DEPARTURE MONTHS

May - September

For dates and prices, contact your Travel Agent or see
insightvacations.com/jewelsalaska

DAY 1 | ANCHORAGE, THE CITY OF LIGHTS AND FLOWERS

Welcome to Alaska, an adventurous land of wildlife, mountains, national parks and glaciers. Savour a dinner at a local restaurant accompanied by wine in the company of your fellow travellers. (D)

Hotel: Marriott Anchorage Downtown

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | ANCHORAGE SIGHTSEEING AND ONTO DENALI

Get acquainted with Anchorage on an immersive city tour, from its downtown streets to views of the surrounding mountains and Cook Inlet. At the renowned Alaska Native Heritage Centre, join a MAKE TRAVEL MATTER® Experience as you sample Agutak (Inuit ice cream) and hear how this tradition connects Alaska's first peoples across generations. Travel on to the quaint community of Talkeetna, where independent shops and mountain views set the scene for an evening to explore and dine as you choose. (B)

Hotel: Talkeetna Alaskan Lodge

DAY 3 | TALKEETNA SIGHTSEEING

This morning, you have two memorable ways to explore Alaska's waterways: set out on an exhilarating jet boat adventure up the Chulitna River Gorge, travelling through a classic braided river system with multiple channels and shifting islands, and visit an authentic trapper's cabin along the way. Alternatively, opt for a peaceful scenic float down the Talkeetna River, soaking in the stunning views and serenity of the surrounding wilderness. The rest of the day is yours to explore, perhaps discovering more of Talkeetna or joining an Optional Experience such as a flightseeing tour of the Alaska Range or a hike along Talkeetna's best trail with a naturalist guide. (B)

DAY 4 | JOURNEY ALONG THE ALASKAN RAILROAD

Enjoy a relaxed start this morning before boarding the world-famous Alaska Railroad train for a spectacular journey over swift-rushing streams, toward Denali National Park and Preserve. View the majestic surroundings from the comfort of your glass-domed railcar. Upon arrival, settle in at the lodge before meeting a local climber who will share stories about what it's like to climb Denali, one of the tallest and most daunting land-based mountains in the world. You'll learn about the incredible physical and mental fortitude required to complete the 17- to 18-day round trip, where conditions are so challenging that climbers must build snow walls for protection against the elements. Hearing tales of such a trek from someone who has experienced it first-hand is truly captivating. For tonight's Dine-Around evening, the choice

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

is yours between a charming local brewery or the lodge's rustic restaurant. **(B) (D) (RS)**
Hotel: Grande Denali Lodge, Denali National Park

DAY 5 | DENALI NATIONAL PARK, THE CROWN JEWEL OF THE ALASKAN WILDERNESS

Embark on an extensive Tundra Wilderness Tour for some of the best opportunities to view the park's wildlife. You'll have the whole afternoon free to participate in an array of optional activities. This magnificent land is nature at its purest, yet has something to offer all. From a blissful stroll through one of the meadows, to a rewarding hike, this park is for everyone. You will also find that to be true with the exciting Optional Experiences which include fly fishing to a helicopter flightseeing tour - just don't forget your camera! End the day back at your lodge where you'll enjoy panoramic views of your surroundings under the star-filled night. **(B)**

DAY 6 | GIRDWOOD AND MOUNT ALYESKA

Travel south on the George Parks Highway to the Matanuska-Susitna Valley, a region shaped by glacial activity and known for its fertile farmland. Here, you'll visit Moonstone Farm and meet David Church, whose family arrived with the 1935 Matanuska Colony Project, and discover how this multigenerational farm helps

sustain local communities and national food security. You'll hear how three generations have harnessed long summer days and glacial silt to grow giant, prize-winning vegetables with distinctive sweetness. Then, follow the Seward Highway along Turnagain Arm, where the extreme tidal range, up to 40 feet, creates one of the world's most dramatic bore tides. Arrive in Girdwood, home to Alaska's only year-round resort, Alyeska, set at the foot of the Chugach Mountains. This evening, join your Travel Director for a dinner accompanied by wine, offering a chance to unwind and discuss the day's discoveries. **(B) (D)**

Hotel: Alyeska Resort, Girdwood

DAY 7 | PRINCE WILLIAM SOUND CRUISE AND DEPART ANCHORAGE

As your time in Alaska draws to a close, enjoy the surroundings and amenities at the beautiful Alyeska Resort. Travel to Whittier to board the 26 Glacier Cruise for a 100-mile (160-kilometre) boat tour of Prince William Sound and into the College Fjord with the chance to see the glaciers up close. Visit with the Captain in the wheelhouse to learn how he expertly navigates the icy waterways and sit down to a sumptuous lunch against an incredible backdrop. Those saying farewell today will travel back to Anchorage. **(B) (L) (RS)**

TRANSFER: Arrive at the airport at 20:30.



HIGHLIGHT INCLUSIONS

Premium Experiences

Talkeetna | Insight Choice Cruise on a jet boat tour up the Chulitna River and visit a trapper's cabin, or enjoy amazing views of Denali during a scenic float trip on the Talkeetna River.

Alaska Railroad | Embark on a spectacular journey through majestic landscapes from the comfort of your glass-dome railcar.

Denali National Park | Hear a local climber's fascinating account of ascending North America's highest peak. Experience the best of the park on a wilderness tour and see historic Murie Cabin.

Matanuska Valley | Visit a local farm to learn how Alaska's long summer days and glacial silt help grow giant award-winning produce.

Whittier | Cruise Prince William Sound and into the College Fjord to discover glacier-carved fjords.

Anchorage | MAKE TRAVEL MATTER® Enjoy an exclusive Agutak (Inuit ice cream) making demonstration during a visit to the renowned Alaska Native Heritage Centre. Your visit directly supports United Nations Sustainable Development Goal 11: Sustainable Cities and Communities.

Premium Dining

Anchorage | Join your Travel Director and fellow travellers to savour classic Alaskan flavours over dinner.

Denali National Park | Choose between a charming local brewery or your lodge's rustic restaurant during a Dine-Around evening.

Girdwood | Savour local specialties with your fellow travellers during dinner complete with wine and good cheer.



For all inclusions see tour page online.

Spectacular Rockies and Glaciers of Alberta with Rocky Mountaineer Option

Take a tour of the Rocky Mountains and witness Alberta's breathtaking wilderness. Discover Banff National Park, the Columbia Icefield and Jasper National Park.

8 DAYS | 1 COUNTRY | 11 MEALS | DYNAMIC



4.5/5
★★★★★
feefo

Guest Review Rating



Trip code: AGVL

DEPARTURE MONTHS

May - September

For dates and prices, contact your Travel Agent or see
insightvacations.com/alberta

DAY 1 | WELCOME TO KANANASKIS

Arrive in Calgary and transfer to Kananaskis, where you'll check in. Gather with your fellow travellers this evening for a delightful dinner, followed by time to relax and enjoy the serene surroundings of Kananaskis Provincial Park. **(D)**
Hotel: Pomeroy Kananaskis Mountain Lodge, Autograph Collection

DAY 2 | JOURNEY TO JASPER

Travel the Columbia Icefield Parkway, a 232-kilometre route through the Canadian Rockies, recognised as one of the world's most scenic drives. Pass turquoise lakes, sheer cliffs and the Columbia Icefield, North America's largest south of the Arctic. Feeding rivers that flow to three oceans, this glacial remnant is a geological marvel. Arriving in Jasper National Park, a UNESCO World Heritage Site and Dark Sky Preserve, spend your afternoon exploring pristine wilderness or admiring alpine serenity. **(B)**
Hotel: Forest Park, Jasper National Park

DAY 3 | EXPLORING JASPER

Begin your day with a scenic cruise (seasonal) and relax on board a narrated voyage across the serene waters of Maligne Lake, gliding past jagged mountain peaks to reach Spirit Island, a world-famous gem accessible only by boat. In the afternoon, join an optional float trip along the serene Athabasca River. Spend the evening at leisure, relaxing or exploring Jasper's charming town centre. **(B)**

DAY 4 | GLACIER ADVENTURE

Today, you'll visit Athabasca Falls, a breathtaking natural wonder renowned for its powerful and mesmerising beauty, before departing Jasper for the Columbia Icefield. A warm welcome greets you at the country's first and only glacier-view resort over a champagne reception and nibbles. Before dinner, take advantage of the long daylight hours and set out for an after-hours visit to the Columbia Icefield Skywalk, a glass-floored walkway above the Sunwapta Valley featuring waterfalls and wildlife. After your Skywalk visit, indulge in a delicious, Canadian-inspired, locally sourced dinner, sip cocktails and marvel at the spectacular glacier views that wrap the restaurant. After dinner, step out onto the viewing deck and marvel at the evening sky, relax with a drink in the library or hang out inside Moraine Lounge. The perfect way to end any night. **(B) (D) (RS)**
Hotel: Glacier View Lodge, Jasper National Park

DAY 5 | LAKES, MOUNTAINS AND GLACIERS

Begin your day with before-hours access to the Columbia Icefield Adventure, experiencing the natural wonder before the crowds arrive. Step onto the vast ice mass to enjoy early access to this breathtaking natural wonder, setting the stage for a truly memorable day. Then explore Yoho National Park, known for its

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)
HOTELS: On occasion, hotels of a similar standard and location may be used.

stunning waterfalls and dramatic landscapes. See the Lower Spiral Tunnels - an early 20th-century engineering solution to a dangerously steep railway grade. Then view Takakkaw Falls (seasonal), plunging 373 m (1,224 ft) in one of Canada's highest cascades. The name, from Cree, means "it's significant," an apt description for this thundering spectacle set amid glacier-fed peaks. Arrive at the Fairmont Banff Springs for a relaxing evening, with time to unwind or explore Banff National Park at your leisure. **(B) (RS)**

Hotel: Fairmont Banff Springs, Banff National Park

DAY 6 | A TRIP TO LAKE LOUISE

This morning, opt for a scenic start to your day by taking the Banff Gondola ride. Make your way to Moraine Lake (seasonal)—the largest glacially fed lake in Canada—for a photo stop before a decadent lunch at Chateau Lake Louise. Marvel as you're surrounded by soaring peaks and the majesty of the Victoria Glacier. Capture a photo or two of the turquoise Lake Louise and rugged backdrop of one of the most famous mountain vistas in the world. Next, enjoy a scenic drive through Banff National Park, visiting the hoodoos and Surprise Corner before returning to the hotel for a relaxing evening. **(B) (L)**

DAY 7 | EXPLORING BANFF

Connect with the land on a guided walk through the boreal forest with an Indigenous Local Expert. Learn how First Nations communities

have traditionally used local plants for medicinal purposes and how animals like the beaver and raven feature in both ecological systems and oral storytelling traditions. Explore Banff with Insight Choice. Visit The Whyte Museum where you'll discover the history and culture of the Rocky Mountains of Canada through 28,000 artifacts and artworks. With the mission of cultivating the exchange of knowledge, the museum engages you with the evolving history, peoples, culture, environment and ideas of mountain culture. Or, join a hotel ambassador to explore the history of the Fairmont Banff Springs, which opened in 1888 and has hosted figures such as King George VI and Marilyn Monroe. This evening, toast the end of your journey with your Travel Director and fellow travellers over dinner to celebrate the insights experienced along the way. **(B) (D)**

DAY 8 | FAREWELL CANADA

After breakfast, you are transferred to Calgary Airport where your journey comes to an end. **(B)**

TRANSFER: Arrive at the airport at 12:00.

Rocky Mountaineer Return Option

Relax onboard the Rocky Mountaineer for two days of all-daylight rail travel through Canada's West and the Canadian Rockies.



HIGHLIGHT INCLUSIONS

Premium Experiences

Maligne Lake | Relax on board a narrated cruise across the serene lake (seasonal).

Jasper National Park of Canada | Get up close to Athabasca Falls, where powerful water creates breathtaking views of the Canadian Rockies.

Icefields Parkway | Enjoy an after-hours visit to the amazing Glacier Skywalk. Step onto the cliff-edged, glass-floored walkway rising 280 m (918 ft) above the valley. See glaciers and soaring mountains on one of the most scenic drives in North America. Join a before-hours visit onto the Athabasca Glacier.

Yoho National Park | See the Lower Spiral Tunnels—an early 20th-century engineering solution to a dangerously steep railway grade. Admire Takakkaw Falls (seasonal), plunging 373 m (1,224 ft) in one of Canada's highest cascades.

Banff | Insight Choice Learn about the history, highlights and stories that took place around the Fairmont Banff Springs hotel, or discover history and culture at the Whyte Museum of the Canadian Rockies.

Banff | MAKE TRAVEL MATTER® Walk through boreal forest with an Indigenous Local Expert and learn how local plants have been used for healing, food and survival for millennia. Your visit directly supports United Nations Sustainable Development Goal 11: Sustainable Cities and Communities.

Premium Dining

Icefields Parkway | Dine at the Glacier View Lodge, where a seasonal menu tempts your taste buds.

Banff | Celebrate your journey with dinner at the Fairmont Banff Springs, a landmark hotel in the heart of Banff National Park. Dine in a setting inspired by Scottish baronial architecture and enjoy a menu that highlights regional Canadian ingredients.

For all inclusions see tour page online.



Canadian Rockies and Pacific Coast

See Stanley Park and traverse Capilano Suspension Bridge. Crunch across Icefields and terrains of the Rockies and sip the wines of Washington State.

14 DAYS | 2 COUNTRIES | 20 MEALS | DYNAMIC



4.6¹/₅
★★★★★
feefo^{ee}

Guest Review Rating



Trip code: APNC

DEPARTURE MONTHS

May - September

For dates and prices, contact your Travel Agent or see
insightvacations.com/rockies

DAY 1 | WELCOME TO VANCOUVER

On arrival, make your way to your hotel. Enjoy dinner accompanied by wine. (D)

Hotel: Georgian Court, Vancouver

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | CRUISE THE GULF ISLANDS TO VICTORIA

Embark on a tour of Vancouver, exploring Gastown and the famous totem poles in Stanley Park followed by a visit to Capilano Suspension Bridge Park. This afternoon, board a ferry and sail through the beautiful Gulf Islands to Vancouver Island, an idyllic place known for its fishing and art communities. (B)

Hotel: Grand Pacific, Victoria

DAY 3 | BUTCHART GARDENS

Start your day wandering through world renowned Butchart Gardens, a National Historic Site of Canada. Enjoy a sightseeing tour, including Canada's oldest Chinatown, the bustling Inner Harbour and stately Legislative Buildings. The rest of the afternoon is yours to enjoy at leisure - perhaps book an optional whale watching excursion on the Pacific Ocean. (B)

DAY 4 | VICTORIA TO SUN PEAKS, BRITISH COLUMBIA

Ferry across the Strait of Georgia and continue your scenic journey through British Columbia. Travel along Coquihalla highway, climb to the summit of Coquihalla Pass and cross Thompson Plateau. Continue to Sun Peaks where you'll end a day of scenic travel with dinner. (B) (D)

Hotel: Sun Peaks Grand & Conference Centre

DAY 5 | THE ALPINE WONDERLAND OF JASPER NATIONAL PARK

Today, your journey takes you along the legendary Yellowhead Highway towards Jasper National Park, a UNESCO World Heritage Site. En route, stop at the Mount Robson Visitor Centre in Mount Robson Provincial Park. Arrive in the wonderland of Jasper National Park with its rugged glaciers, colourful meadows and majestic mountains. After a brief orientation tour through town, explore on your own or book onto an optional Float Trip. (B)

Hotel: Forest Park, Jasper National Park

DAY 6 | EXPLORING JASPER AND THE COLUMBIA ICEFIELD

Start the day on a narrated cruise across the serene waters of the iconic Maligne Lake (seasonal), one of the jewels of the Canadian Rockies. Travel along the majestic Icefields Parkway and arrive at the Columbia Icefield for your stay at the Glacier View Lodge, the first and only glacier-view resort in Canada, for an after-hours visit to the Glacier Skywalk followed by a gourmet dinner with wine. (B) (D)

Hotel: Glacier View Lodge, Jasper National Park

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.



DAY 7 | ICEFIELDS, GLACIERS AND LAKES TO BANFF NATIONAL PARK

Your Local Expert escorts you to a special before-hours glacier tour where you'll explore Athabasca Glacier in an Ice Explorer. After this morning's icy adventure, continue south to Lake Louise and admire Victoria Glacier. Continue to Banff to dine in town and unwind in your stunning natural surroundings. **(B) (D) (RS)**
Hotel: Fairmont Banff Springs, Banff National Park

DAY 8 | THE UNSPOILED WILDERNESS OF BANFF NATIONAL PARK

Today join your Travel Director at Bow Falls, Surprise Corner and a few other local sights. The rest of the day is yours to spend exploring the rugged charms of the park. Choose from several Optional Experiences, including a helicopter flight over the magnificent Canadian Rockies or a ride onboard the Banff Gondola scenic cableway. **(B) (RS)**

DAY 9 | GLACIER NATIONAL PARK

From craggy plains to mountainous landscapes, cross the U.S. border into Montana and onto your charming hotel situated in the heart of Glacier National Park. Revel in your first encounter with the park, a region encompassing over 1 million acres and more than 1,000 different species of plants and hundreds of species of animals. This vast pristine ecosystem is the centrepiece of what has been referred to as the "Crown of the Continent". **(B)**
Hotel: Many Glacier, Glacier National Park

DAY 10 | GOING-TO-THE-SUN AND GLACIER NATIONAL PARK

This morning, depart your lodge on the east side of Glacier National Park and join Mariah Gladstone for your MAKE TRAVEL MATTER®

Experience. Your Local Expert, Mariah, shares stories of Blackfeet resilience, cultural revitalisation and ancestral foodways as you visit the Blackfeet Indian Memorial. Later, travel through the park aboard a privately chartered 1930s Red Jammer bus—named for the sound of double-clutching gears. **(B)**
Hotel: Lake McDonald Lodge, Glacier National Park

DAY 11 | LAKE COEUR D'ALENE AND SPOKANE

Continue on to the beautiful shores of Lake Coeur d'Alene, and arrive in Spokane to stay at The Historic Davenport, Washington State's grandest hotel. **(B) (D)**
Hotel: The Historic Davenport, Autograph Collection, Spokane

DAY 12 | WONDERFUL WINES EN ROUTE TO SEATTLE

Wine connoisseurs rejoice. Today, you'll head through the wide, endless horizons of the wine-producing area of Washington State. Visit Friends Garden Restaurant & Wine Bar, a local favourite, where you'll enjoy lunch focusing on fresh, local and artisanal ingredients. **(B) (L)**
Hotel: The Charter, Seattle

DAY 13 | THE SOARING SIGHTS OF SEATTLE

Enjoy Insight Choice in Seattle. Choose to visit the iconic Space Needle. Alternatively, visit the Chihuly Garden and Glass exhibit. In the evening, indulge in dinner at Ivar's Salmon House on Seattle's waterfront. **(B) (D) (RS)**

DAY 14 | DEPART SEATTLE

Travel to Seattle SeaTac International Airport at your leisure. **(B)**



HIGHLIGHT INCLUSIONS

Premium Experiences

North Vancouver | Visit Capilano Suspension Bridge Park.

Victoria | Admire floral displays at world-renowned Butchart Gardens.

Maligne Lake | Relax on board a narrated cruise across the serene lake (seasonal).

Icefields Parkway | Venture onto the Glacier Skywalk for an after-hours experience and before-hours access to the Athabasca Glacier.

See glaciers and soaring mountain peaks on one of the most scenic drives in North America.

Glacier National Park | Board a private, historic Red Jammer for a journey along the Going-to-the-Sun Road.

Seattle | *Insight Choice* Get an up close look at world-renowned glass artist Dave Chihuly's work, or head to the Space Needle and experience its jaw-dropping panoramic views of the Seattle skyline.

Glacier National Park | **MAKE TRAVEL MATTER®** Explore Glacier National Park with Mariah Gladstone, a passionate voice for Indigenous resilience. Raised on the Blackfeet Reservation, Mariah Gladstone shares stories of her Piikuni heritage, traditional foodways and modern advocacy. As she journeys with you through Glacier National Park, she brings powerful insights into Blackfeet life past and present—stopping at meaningful sites like the Blackfeet Indian Memorial. Your visit directly supports United Nations Sustainable Development Goal 10: Reduced Inequalities.

Premium Dining

Icefields Parkway | Dine at the Glacier View Lodge, where a seasonal menu tempts your taste buds.

Quincy | Enjoy delicious harvest salads and artisanal flatbreads made with locally sourced ingredients paired with wine.

Seattle | Enjoy dinner at the waterfront Ivar's Salmon House.

For all inclusions see tour page online.

Landscapes of the Canadian Maritimes

Blend the best of land and sea: watch for bald eagles on the Cabot Trail and see the Prince Edward Island dunes while trying the freshest seafood.

12 DAYS | 1 COUNTRY | 17 MEALS | BALANCED



4.6/5
★★★★★
feefo

Guest Review Rating



Trip code: ACME

DEPARTURE MONTHS

June - October

For dates and prices, contact your Travel Agent or see [insightvacations.com/maritimes](https://www.insightvacations.com/maritimes)

DAY 1 | WELCOME TO HALIFAX

Arrive in Halifax, your quintessential maritime destination. Relax next to the waterfront before savoring dinner accompanied by wine in the company of your fellow travellers. (D)

Hotel: Marriott Harbourfront Hotel, Halifax

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | SIGHTSEEING AND RELAXATION IN HALIFAX

Join a Local Expert for an informative city exploration, then delve into the region's nautical history at the Maritime Museum of the Atlantic. Enhance your day with Insight Choice. Choose to visit the Halifax Citadel National Historic Site, learn about the collection at the Maud Lewis Gallery, or tour the Canadian Museum of Immigration at Pier 21. (B) (RS)

DAY 3 | HISTORIC LUNenburg AND PEGGY'S COVE

Journey to the UNESCO World Heritage Site of Lunenburg and meet a Local Expert for a walking tour. At the Fisheries Museum of the Atlantic, hear tales of the fishing industry's impact on the region before visiting scenic Peggy's Cove. (B)

DAY 4 | CAPE BRETON ISLAND AND BLOOMING BADDECK

At Millbrook Cultural Heritage Centre, join a MAKE TRAVEL MATTER® Experience as interpreters share insights of history and culture. Further your discovery on a guided cruise across Bras d'Or Lake spotting iconic lighthouses, a bird estuary and historic properties. Experience warm hospitality and Cape Breton-style dinner at your waterfront hotel. Continue your night with traditional music and song at a Ceilidh, a Celtic evening full of Acadian hospitality and entertainment. (B) (D)
Hotel: Inverary Resort, Baddeck

DAY 5 | THE NATURAL BEAUTY OF THE CABOT TRAIL

Immerse yourself in a unique experience at The Gaelic College, devoted to the study and preservation of the Gaelic and Celtic cultures. Enjoy a relaxing drive along the Cabot Trail, one of the world's most scenic routes. Travel through Cape Breton Highlands National Park. (B) (L)

DAY 6 | BADDECK AND CHARLOTTETOWN

Go behind the scenes with a Local Expert at the Alexander Graham Bell National Historic Site. Ferry across the Northumberland Strait to Prince Edward Island and quaint Charlottetown, where you'll spend the next three nights in this nautical gem, dotted with colourful fisherman's cottages and a picturesque harbour. Your hotel, The Delta Prince Edward, is Charlottetown's only waterfront hotel and just steps away from shops and restaurants. (B)

Hotel: Delta by Marriott Prince Edward, Charlottetown

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.



DAY 7 | PRINCE EDWARD ISLAND SIGHTSEEING

No trip to Prince Edward Island is complete without a visit to Green Gables Heritage Place including the Green Gables House, the fabled home that provided inspiration for L.M. Montgomery's children's classic, 'Anne of Green Gables'. With your Local Expert, discover the cliffs, dunes and countryside of Prince Edward Island National Park before heading on to Cavendish. **(B) (RS)**

DAY 8 | FLAVOURS OF CHARLOTTETOWN

Head for the quaint seaside fishing village of Georgetown in eastern Prince Edward Island. Enjoy a delicious lunch of island blue mussels cooked fresh by local fishermen. Meet one of the local fishermen who will regale you with tales of life at sea and teach you all about the area's lobster and mussel industry. Enjoy a wine tasting and tour a lighthouse to end your day. **(B) (L) (RS)**

DAY 9 | THE TIDES OF HOPEWELL ROCKS

This morning, cross the eight-mile Confederation Bridge, an award-winning engineering marvel linking Prince Edward Island to the mainland. In Shediac, delve into the marine ecosystem of the Northumberland Strait during a guided visit to the Homarus Centre. Examine the lobster's life cycle, explore the local fishery's sustainability practices and handle live marine species at the touch tank. Later, meet a Local Expert at Hopewell Rocks and uncover the dramatic tides of the Bay of Fundy. This evening, prepare and enjoy lobster the Acadian way, head to tail, during

a traditional boil. Then, shake up a summer cocktail in a hands-on mixology class using locally inspired ingredients. **(B) (D)**
Hotel: Crowne Plaza Downtown, Moncton

DAY 10 | LIVELY MONCTON TO DIGBY

Embark on a coastal drive on the Fundy Trail Parkway, nestling you between the greens of the forest and the blues of the coast with stunning views. Take to the water, crossing the Bay of Fundy from St. John to Digby by ferry (seasonal), keeping an eye out for whales and other marine life. Arrive at your hotel overlooking the Bay of Fundy. **(B)**
Hotel: Digby Pines Golf Resort and Spa

DAY 11 | DELIGHTFUL DIGBY AND ANNAPOLIS ROYAL

In the historic town of Annapolis Royal, join a Local Expert and costumed interpreter for a stroll in the National Historic District. In the evening, meet a former scallop fisher for a culinary demonstration to learn about the region's maritime heritage. Gain insight into how fresh scallops are shucked before they are cooked to perfection for your seafood dinner. **(B) (D) (RS)**

DAY 12 | FAREWELL HALIFAX

It's time to wave goodbye to Halifax and your fellow travellers. A complimentary airport transfer will be made at Halifax International Airport followed by a stop at the Marriott Harbourfront Halifax for those wishing to extend their stay. **(B)**

TRANSFER: Arrive at the airport at 12:00.

HIGHLIGHT INCLUSIONS

Premium Experiences

Halifax | Insight Choice Visit Halifax's historic citadel, or visit the home and gallery of Maud Kathleen Lewis, or get up close and personal with the Canadian Immigration story.

Baddeck | Take in unparalleled views aboard the Winstar Catamaran. Immerse yourself in the Celtic Heart of North America with an authentic Ceilidh night of Acadian music, hospitality and entertainment.

Cape Breton Island | Experience the spectacular sites along the Cabot Trail.

Prince Edward Island | Discover the island's highlights including a visit to Green Gables Heritage Place.

Hopewell Cape | Learn about the highest tides in the world from your Local Expert.

Millbrook Cultural & Heritage Centre | MAKE TRAVEL MATTER® Visit the Millbrook Cultural & Heritage Centre to learn about the Mi'kmaq people's history, culture, language, and traditional artifacts through a guided tour and multimedia presentation. Your visit directly supports United Nations Sustainable Development Goal 11: Sustainable Cities and Communities.

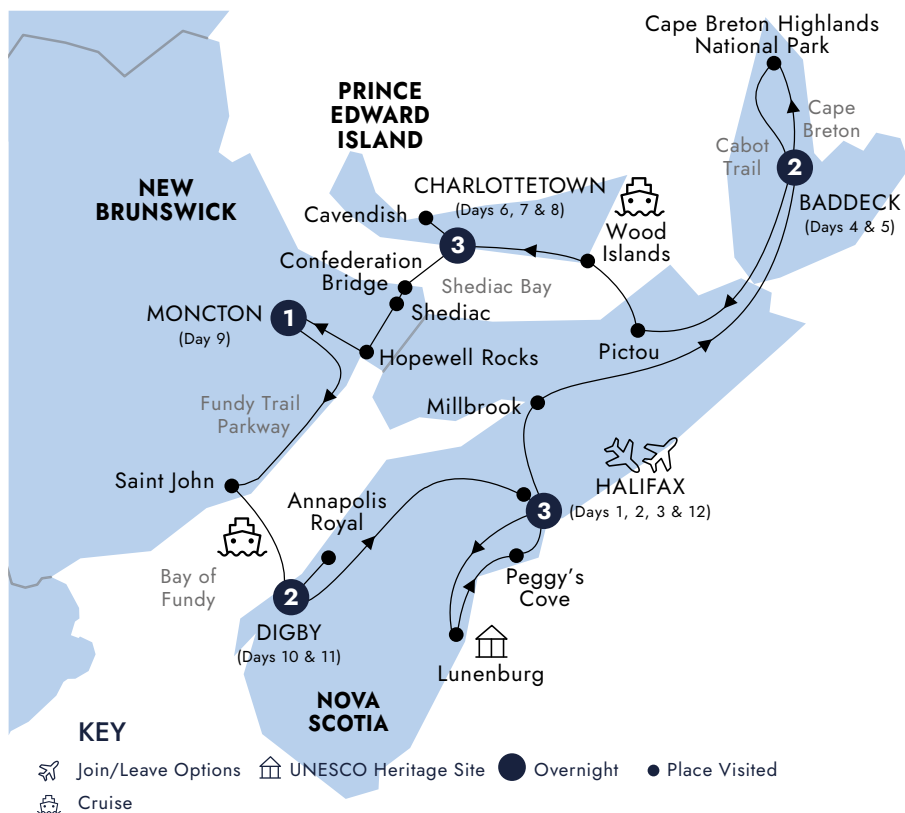
Premium Dining

Charlottetown | Learn about the local seafood from a Maritime fisherman before feasting on a delicious lunch.

Moncton | Prepare and eat lobster the Acadian way—head to tail—guided by local hosts who'll demonstrate traditional shelling techniques passed through generations. Learn the practical skills locals use at home and on the shore, and hear how these mealtime customs reflect Acadian culture. Then, take part in a hands-on mixology class and craft a summer cocktail using seasonal herbs and citrus.

Digby | Celebrate the region's famous scallops with a culinary demonstration before a true Acadian dinner.

For all inclusions see tour page online.



Best of Eastern Canada & USA

From Toronto's Queen's Park to the sweeping skyline of New York City, discover Canada's natural wonders and the revolutionary history that shaped the United States.

14 DAYS | 2 COUNTRIES | 20 MEALS | BALANCED



4.4/5



feefo

Guest Review Rating



Trip code: ABEC

DEPARTURE MONTHS

April - October

For dates and prices, contact your Travel Agent or see [insightvacations.com/canadausa](https://www.insightvacations.com/canadausa)

DAY 1 | THRILLING TORONTO

Welcome to Toronto, a vibrant city on Lake Ontario known for its food and wine scene and eclectic restaurants. Savour dinner accompanied by wine in the company of your fellow travellers. (D)

Hotel: Hilton, Toronto

DAY 2 | TORONTO AND THE THUNDERING FALLS OF NIAGARA

See Toronto's top sights before venturing to the quaint town of Niagara-on-the-Lake. Experience the thrill of Niagara Falls on a state-of-the-art eco-catamaran. Opt to soar above Niagara's landscapes on a helicopter flight. Later, return to Toronto for an evening at leisure or choose to visit the top of the iconic CN Tower. (B)

DAY 3 | KINGSTON AND OTTAWA

Journey to historic Kingston to view storied buildings, churches and fortifications, many of which being constructed from limestone itself. Continue to the Capital city of Ottawa. At a local farm owned by Just Food, a non-profit organisation dedicated to fostering sustainable food and farming practices, you'll not only enjoy a captivating cooking demonstration but also learn valuable culinary skills. (B) (D)

Hotel: Ottawa Marriott

DAY 4 | CANADA'S CAPITAL TO MONTRÉAL

Spend the morning exploring Ottawa on a tour of the city. Later, learn about the diversity of Indigenous cultures across Canada through music, dance and song including a lively and passionate Powwow at your MAKE TRAVEL MATTER® Experience at Mādahòkì Farm. Continue to Montréal in the French-speaking province of Québec. (B)

Hotel: Marriott Chateau Champlain, Montréal

DAY 5 | MONTRÉAL, THE ROYAL MOUNTAIN

Join a Local Expert who will guide you around Old Montréal. Next, visit the Notre-Dame Basilica and discover the history of the first neo-gothic church in Canada and marvel at its breathtaking architecture and stained-glass windows. The rest of the day is free to enjoy as you please. (B)

DAY 6 | MONTMORENCY FALLS PARK TO QUÉBEC CITY

Depart Montréal and immerse yourself in Canadian culinary adventures as you indulge in the sweet delights of maple syrup, harvested and crafted right on-site. After lunch, explore with Insight Choice. Head to Montmorency Falls Park to experience its natural wonder that towers 84m (272 feet) tall over the Saint Lawrence River. Or, visit a Copper Art Studio for a guided tour and demonstration of the repoussé copper art before trying it yourself. (B) (L) (RS)

Hotel: Hilton, Québec

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

DAY 7 | QUINTESSENTIAL QUÉBEC

Discover more of Québec City's history and charm with a Local Expert. You'll see the Latin Quarter, Plains of Abraham, City Hall and Palace Royale, while learning about the city's history. No visit to Old Québec would be complete without seeing the grand hotel Château Frontenac. In the evening enjoy dinner in historic old Québec. **(B) (D)**

DAY 8 | QUÉBEC CITY TO BOSTON

Depart Québec City, crossing the border from Canada into the USA. Take in the breathtaking views of the White Mountains as you journey through Franconia Notch State Park, winding past the park's high peaks and dense woodlands. As Boston's skyline comes into view, feel the excitement grow, as you anticipate two unforgettable nights in one of America's most dynamic cities. **(B) (D)**
Hotel: Hyatt Regency, Boston

DAY 9 | BOSTON, THE CRADLE OF LIBERTY

Join your Travel Director as they guide you along the Freedom Trail, a route that leads you to several historically significant sites, including the Old State House. **(B) (D)**

DAY 10 | A BITE OF THE BIG APPLE

Follow the bright lights to New York City. Explore New York City with Insight Choice. Choose to visit Summit One Vanderbilt with stunning views of the New York skyline, or join a Midtown architecture walking tour. **(B)**
Hotel: The Knickerbocker, New York City

DAY 11 | A MANHATTAN MASTERPIECE

Explore the 'City that Never Sleeps' with your Local Expert. This evening, head to Essex Market to meet and hear stories from local vendors while tasting their food specialties. **(B) (D) (RS)**

DAY 12 | LIBERTY IN PHILADELPHIA AND D.C.

Travel to Pennsylvania's largest city, Philadelphia. Explore Independence National Historic Park and visit the Liberty Bell. Journey to Washington, D.C., the nation's capital. Perhaps join an optional nighttime illuminations tour to see the capital's sights in a new light. **(B) (RS)**
Hotel: Royal Sonesta Dupont Circle

DAY 13 | WASHINGTON, D.C. SIGHTSEEING AND LEISURE TIME

Immerse yourself on a sightseeing tour and view the White House, the striking Washington Monument, the sprawling National Mall, the Lincoln Memorial and the World War II Memorial. Next, visit the National Museum of African American History and Culture, the newest member of the Smithsonian Institution. The rest of the day is at leisure. Join your Travel Director and fellow guests for dinner and toast to new friends and fantastic memories. **(B) (D)**

DAY 14 | DEPART WASHINGTON, D.C.

Depart at your leisure to Dulles International Airport or Reagan National Airport for your flight home. Alternatively, extend your stay in the nation's capital. **(B)**

**HIGHLIGHT INCLUSIONS***Premium Experiences*

Montréal | Discover the first neo-gothic church of Canada, Basilique Notre-Dame.

Québec City | *Insight Choice* Experience the natural wonders that tower 83 m (272 ft) over the Saint Lawrence River or Visit a copper art studio for a guided tour.

New York City | *Insight Choice* Visit Summit One Vanderbilt for amazing skyline views and an immersive, multi-sensory art experience or Embark on a captivating 2.5-hour architecture walking tour through the heart of the city.

New York City | Hear the stories of local vendors and taste specialties from around the world at Essex Market, a local cornerstone for over 100 years.

Washington, D.C. | Delve into American history on a guided tour of the U.S. capital.

Ottawa | **MAKE TRAVEL MATTER®** Visit Mādahōki Farm and learn about diversity of Indigenous cultures across Canada and how dance has helped revive the traditional arts. Your visit directly supports United Nations Sustainable Development Goal 10: Reduced Inequalities.

Premium Dining

Ottawa | Join a cooking demonstration at Just Food Community Farm, nestled within Ottawa's lush 150-acre Greenbelt. Watch a chef craft your meal with local foraged ingredients, learn new skills, and savour a three-course feast paired with wine.

Trois-Rivieres | Enjoy a traditional sugar shack (cabane à sucre) lunch including traditional staples like maple taffy on snow.

Washington | A stone's throw away from the White House, dine at a restaurant where locals and politicians have mingled since 2010.

For all inclusions see tour page online.



New England's Fall Foliage

Trace Boston's Freedom Trail before heading into New England's countryside, where maple syrup farms and bronzing forested hills reveal the stories of the region.

8 DAYS | 1 COUNTRY | 11 MEALS | BALANCED

WOMEN-ONLY ITINERARY OPTION



4.6/5

★★★★★

feefo

Guest Review Rating



Trip code: AENE

DEPARTURE MONTHS

September - October

For dates and prices, contact your Travel Agent or see
[insightvacations.com/fallfoliage](https://www.insightvacations.com/fallfoliage)

DAY 1 | WELCOME TO BOSTON

Affectionately known as Beantown, this revolutionary city is one of the oldest in the United States. After settling in, perhaps take a stroll to Downtown Crossing or historic Faneuil Hall. For those looking to shop, Quincy Market offers big brands and local products, set indoors and surrounding the columns of a regal 19th-century building. Savour dinner accompanied by wine in the company of your fellow travellers. **(D)**

Hotel: Hyatt Regency, Boston

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | BEANTOWN TO SARATOGA SPRINGS

Today you'll discover some of Boston's most famous sights as you delve into the city's transformative past. You'll follow part of the red-brick Freedom Trail that brings the story of the American Revolution to life. See Boston Common, Boston Public Garden, Trinity Church and Copley Square. This afternoon, explore Stockbridge with Insight Choice. Choose to visit the Norman Rockwell Museum, home to the largest and most significant collection of original Rockwell art. Alternatively, choose to take a guided tour of Chesterwood, the former summer home and studio of renowned 20th-century sculptor Daniel Chester French, famous for his work on the Lincoln Memorial. Travel on through the rolling hills of the Berkshires and onto your upstate New York hotel, situated within the Saratoga Spa State Park. **(B)**

Hotel: The Gideon Putnam,
Saratoga Springs

DAY 3 | THE LEGENDS OF THE FALL AND STOWE

Trace the roots of Vermont's rural traditions as you travel from Saratoga Springs into the heart of New England. In Weston, step inside the Vermont Country Store, a family-run emporium preserving generations of heritage brands and household curiosities. Continue to Woodstock, and visit the Billings Farm Museum to gain insight on sustainable dairy farming practices and how 19th-century life shaped the region's agricultural legacy. Later, at Morse Farm Maple Sugarworks, learn how maple sap is turned into syrup and taste the seasonal delicacy 'sugar on snow'. Your day concludes at the Von Trapp Family Lodge where you will enjoy a three-course dinner. **(B) (D)**

Hotel: Trapp Family Lodge, Stowe

DAY 4 | A TASTE OF VERMONT

Enjoy a Relaxed Start at the iconic Von Trapp Family Lodge, where Austrian heritage meets Vermont's Green Mountains. Later, connect with the land at Bread Butter Farm during a guided tour, followed by a nourishing lunch by Blossom Whole Food Kitchen. This afternoon, take time to explore the picturesque town of Stowe, filled with artisan boutiques and local charm. **(B) (L) (RS)**

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.



DAY 5 | NORTH CONWAY AND THE WHITE MOUNTAINS

Journey to New Hampshire's White Mountains and enter striking Franconia Notch. Take a scenic ride on the Gondola SkyRidge at Loon Mountain Resort (seasonal). On a clear day, you'll have superb panoramic views of New Hampshire, Maine, Vermont, New York and Canada. Later, journey through the dazzling crimson and orange hues of the famed Kancamagus Scenic Byway to North Conway. This spectacular section of Route 112 is unspoiled by industry and boasts 55.5 km of untouched natural beauty. **(B) (RS)**

Hotel: White Mountain, North Conway

DAY 6 | SIGHTSEEING IN THE WHITE MOUNTAINS

This morning's MAKE TRAVEL MATTER® Experience with naturalist guide Chris Lewey provides an up-close and personal insight into New England's wildlife and ecology. Then, more spectacular fall foliage awaits as you journey through Crawford Notch, an arresting pass through the White Mountains. Stop for pictures at the Silver Cascade Waterfall and Bretton Woods, which offers stunning views of Mount Washington, the tallest peak in the northeast at 1,917 m (6,288 ft). Your Travel Director will guide you on a scenic hike to Diana's Baths, which features a series of small cascading waterfalls. Return to your hotel where you can enjoy an evening at leisure. **(B)**

DAY 7 | NORTH CONWAY - KENNEBUNKPORT - PORTLAND

Cross from New Hampshire into Maine this morning and travel to Kennebunkport, a year-round coastal destination that is home to the rich and famous, and has even served as the summer retreat of former President George H. W. Bush. Travel along Ocean Drive, enjoying more stunning views of the Maine coastline, before arriving in Portland for an afternoon at leisure. In the evening, enjoy a delicious dinner featuring Maine lobster with your fellow travellers. **(B) (D) (RS)**

Hotel: Westin Portland Harborview, Portland

DAY 8 | PORTLAND - BOSTON

Head to Fort Williams Park, which is home to the iconic Portland Head Lighthouse that has been in operation since 1791 before driving along the jagged coast back to Boston. Guests departing Boston will arrive at Boston Logan International Airport. Those extending their stay will return to the Hyatt Regency Boston hotel. **(B)**

TRANSFER: Arrive at the airport at 12:30.

Women-Only Option

We also offer an exclusive Women-Only departure for this tour. Designed by women, for women, and averaging 18 travellers, this inspiring journey features enriching experiences that support female-owned businesses. To read the full itinerary visit insightvacations.com/women-only or speak to your Travel Agent.

HIGHLIGHT INCLUSIONS

Premium Experiences

Boston | Discover the secrets of the American Revolution on a tour of the historic red-brick Freedom Trail.

Stockbridge | *Insight Choice* Take a self-guided visit to the Norman Rockwell Museum and grounds, which houses the largest collection of original Rockwell art pieces, or enjoy a self-guided tour of Chesterwood, the former summer home and studio of 20th-century sculptor, Daniel Chester French, best known for his work on the Lincoln Memorial in Washington, D.C.

Woodstock | Explore the Rockefeller's renowned Billings Farm and Museum, showcasing Vermont's rural history.

Montpelier | Learn how maple syrup is tapped from trees and try "sugar on snow."

Franconia Notch State Park | Take a scenic ride on the Gondola SkyRide (weather permitting).

Kancamagus Highway | Enjoy a picturesque drive along the Kancamagus Scenic Byway.

North Conway | **MAKE TRAVEL MATTER®** Learn about regional flora and fauna with a Local Expert during an ecological look at autumn in New England. Your visit directly supports United Nations Sustainable Development Goal 15: Life on Land.

Premium Dining

Stowe | Enjoy Austrian-style lagers during your dinner at Von Trapp Brewing's bierhall.

Shelburne | Savour a Farm-to-Table lunch at Bread & Butter Farm with Chef Tessa, a seventh-generation Vermonter.

Portland | Enjoy a Maine lobster dinner, a local delicacy known for its tender and rich flavour.

For all inclusions see tour page online.



Treasures of Cape Cod & the Islands

Follow the red-brick Freedom Trail in Boston, visit the living history museum at Plimoth Patuxet and admire the grand homes of Martha's Vineyard.

8 DAYS | 1 COUNTRY | 11 MEALS | BALANCED

WOMEN-ONLY ITINERARY OPTION



4.4/5

★★★★☆

feefo

Guest Review Rating



Trip code: ACAP

DEPARTURE MONTHS

May - October

For dates and prices, contact your Travel Agent or see [insightvacations.com/bostoncapecod](https://www.insightvacations.com/bostoncapecod)

DAY 1 | WELCOME TO BOSTON

Welcome to Boston, a city that played a central role in American history. Boston's prestigious universities, like Harvard and MIT, amplify its status as a leading hub for innovation and research. In the evening, savour a dinner with wine and the opportunity to mingle with fellow guests. **(D)**

Hotel: Hyatt Regency, Boston

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | EXPLORING PLYMOUTH'S PAST

Trace the path of American independence along Boston's Freedom Trail. See the nation's oldest public park, Boston Common, the Old State House and the Granary Burying Ground, final resting place of revolutionaries. Then travel to Plymouth and step aboard the Mayflower II, a full-scale replica of the 1620 ship. At Pilgrim Hall Museum, explore an extraordinary collection of 17th-century artifacts with a Mayflower descendant on a MAKE TRAVEL MATTER® Experience, gaining powerful insight into the founding stories of early Plymouth Colony. Finally, walk through recreated homesites at Plimoth Patuxet Museums, where you'll witness traditional practices and lifeways of both the Wampanoag and English communities. **(B)**

Hotel: Dan'l Webster Inn and Spa, Sandwich

DAY 3 | THE WONDERS OF CAPE COD

Cape Cod offers a day of discovery through one of New England's most distinctive coastal landscapes. Explore the history of the Wampanoag, the First Peoples of this region, whose relationship with these shores reaches back thousands of years, alongside stories of European settlement, fishing communities, lighthouse keepers and the life-saving services that once patrolled the coast. Enjoy lunch at leisure and time to explore Provincetown, with the opportunity to join an Optional Experience with Art's Dune Tours, an off-road exploration through the protected dunes of Cape Cod National Seashore, before returning to your hotel. **(B) (D)**

DAY 4 | NAUTICAL HISTORY IN NANTUCKET

Set sail from Hyannis to the island of Nantucket, where cobblestone streets and preserved historic homes tell the story of a bygone whaling era. Stroll through the charming downtown, learning how the rise and fall of the whaling industry shaped Nantucket's social fabric and economy. As you uncover tales of seafaring adventures, witness the island's transformation into a beloved destination for visitors from across the globe. After a day steeped in maritime history, return to Hyannis by ferry for an evening at leisure. **(B)**

DAY 5 | THE CHARMS OF MARTHA'S VINEYARD – AN ISLAND ESCAPE

Board a morning ferry to Martha's Vineyard, an island long favored for its natural beauty and notable visitors. Begin with a visit to the Gingerbread Cottage Museum in Oak Bluffs,

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

where your Local Expert reveals the origins of this colourful 19th-century enclave. Enjoy free time to explore at your own pace—perhaps visit the Flying Horses Carousel, the oldest of its kind in America. Later, gain a broader perspective during an orientation of the island, passing coastal landmarks including State Beach, made famous by the film *Jaws*. This evening, savour island hospitality with a seasonal menu crafted from local farms, fishing boats and foragers during your dining experience at Bettini, located in your elegant hotel. **(B) (D)**

Hotel: Harbour View, Martha's Vineyard

DAY 6 | THE TIMELESS ELEGANCE OF NEWPORT

Arrive in Newport, where over 95 years of hospitality and charm characterise the historic Hotel Viking. Set in the heart of this coastal city, your boutique accommodation offers luxurious rooms and stunning views. Personalise your afternoon with Insight Choice. Opt to visit the Newport Car Museum, where over 100 vehicles highlight milestones in design and performance of cars throughout the 19th and 20th centuries. Or explore Green Animals Topiary Garden at the Brayton House, the oldest of its kind in the United States, where sculpted shrubs have been meticulously shaped since 1872. This evening, take a leisurely stroll through Newport's vibrant streets, where every corner reveals another piece of its storied past. **(B) (RS)**

Hotel: Viking, Newport

DAY 7 | NEWPORT, THE QUEEN OF SUMMER RESORTS

Your day begins with Newport's famed Ten Mile Drive, a scenic route that hugs the coastline,

showcasing public parks, historic landmarks and breathtaking ocean views. Afterwards, explore the grandeur of Newport's "summer cottages" with a visit to the Breakers, the grandest of them all. A symbol of the Vanderbilt family's wealth and prominence, this opulent mansion offers a glimpse into the lavish lifestyle of America's Gilded Age elite. Later, take to the water aboard the Madeline, gliding through Newport Harbour and Narragansett Bay. This evening, gather at La Forge for dinner overlooking the International Tennis Hall of Fame—a fitting finale in the heart of this elegant seaside city. **(B) (D) (RS)**

DAY 8 | FAREWELL TO BOSTON

As your tour comes to a close, bid farewell to your fellow travellers and transfer to Logan International Airport for your onward journey. With memories of Boston's historic charm, the beauty of Cape Cod, and the elegance of Newport, you leave with a deeper appreciation for this unique corner of New England. **(B) (RS)**

TRANSFER: Arrive at the airport at 12:00.

Women-Only Option

We also offer an exclusive Women-Only departure for this tour. Designed by women, for women, and averaging 18 travellers, this inspiring journey features enriching experiences that support female-owned businesses. To read the full itinerary visit insightvacations.com/women-only or speak to your Travel Agent.



HIGHLIGHT INCLUSIONS

Premium Experiences

Plymouth | Visit the Plimoth Patuxet Museum to learn about the Wampanoag Indigenous community and early English settlers, while helping preserve their history.

Boston | Unlock the secrets of the American Revolution on a tour of the historic red-brick Freedom Trail.

Nantucket | Discover the island's whaling history on a guided walking tour.

Martha's Vineyard | Visit the port neighbourhood of Oak Bluffs.

Newport | *Insight Choice* Visit the Newport Car Museum, featuring over 100 vehicles from the 19th and 20th centuries, or explore the Green Animals Topiary Garden, the oldest of its kind in the United States.

Newport | Enjoy a private cruise offering majestic views of Gilded Age mansions, lighthouses, and former speakeasies. Visit the Breakers Mansion, the former summer cottage of Cornelius Vanderbilt II.

Plymouth | **MAKE TRAVEL MATTER®** Led by a Mayflower descendant, enjoy a guided visit to Pilgrim Hall Museum, the oldest continuously operating public museum in the United States. View original 17th-century artifacts and possessions carried on the Mayflower as you explore the personal stories behind early Plymouth Colony. Your visit directly supports United Nations Sustainable Development Goal 4: Quality Education.

Premium Dining

Boston | Taste New England classics like clam chowder and Boston cream pie.

Martha's Vineyard | Indulge in a locally sourced dinner in a private dining space in Bettini Restaurant.

Newport | Enjoy a seafood dinner with wine.

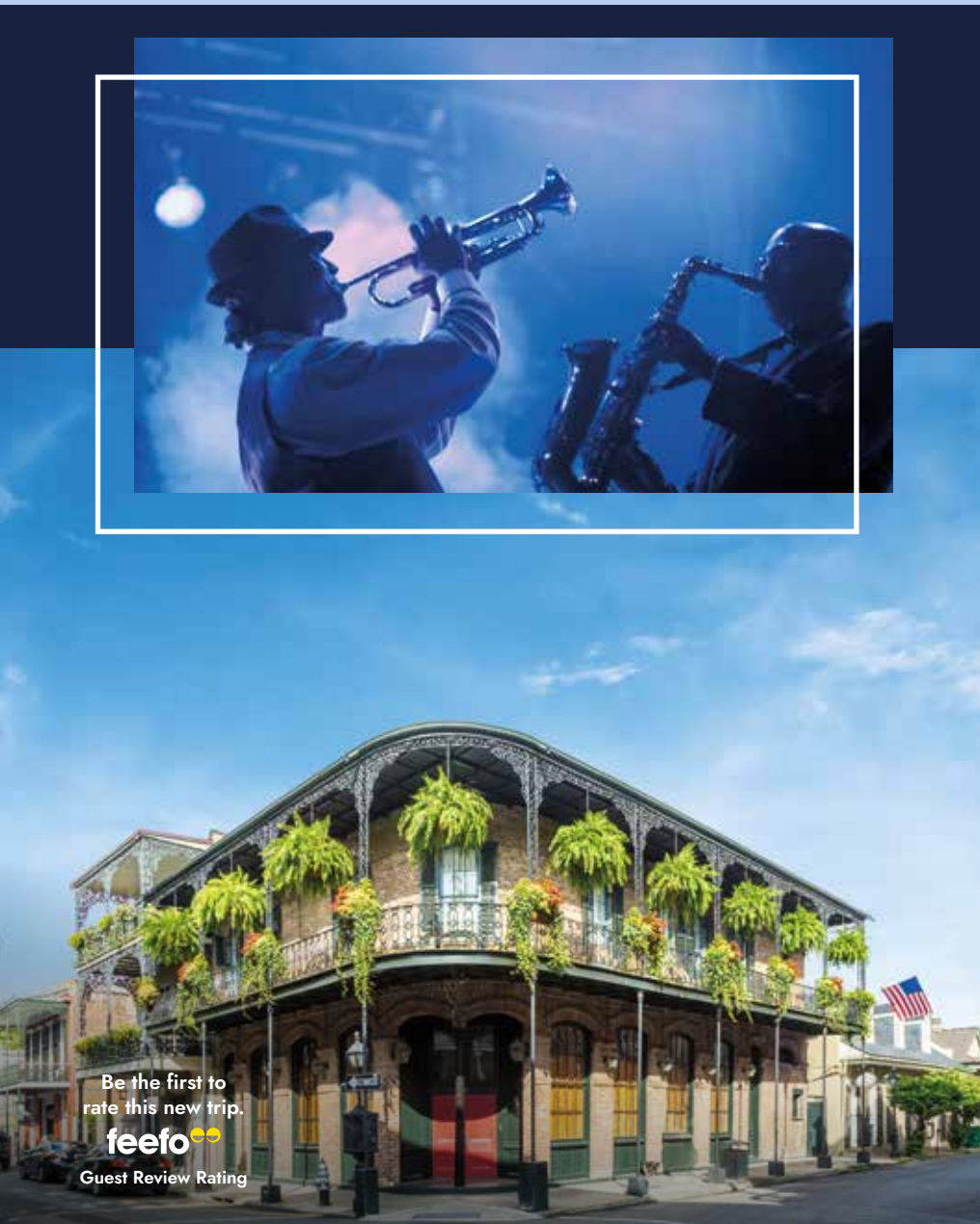
For all inclusions see tour page online.

Soul of the Deep South

Tour Studio B in Nashville, visit Graceland in Memphis, discover history in Destrehan, and hear live music at an authentic jazz club in New Orleans.

9 DAYS | 1 COUNTRY | 12 MEALS | LEISURELY

WOMEN-ONLY ITINERARY OPTION



Be the first to rate this new trip.

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Guest Review Rating



Trip code: ANNO

DEPARTURE MONTHS

March - June + September - October

For dates and prices, contact your Travel Agent or see [insightvacations.com/souldeepsouth](https://www.insightvacations.com/souldeepsouth)

DAY 1 | ARRIVE IN NASHVILLE

Welcome to Nashville, the capital of Tennessee and the USA's glittering centre stage. Tonight, head to the famous Grand Ole Opry, the world-renowned country music stage and longest-running radio broadcast in U.S. history for even more Country fun.

Hotel: Gaylord Opryland

WELCOME: Meet your Travel Director at 17:00.

DAY 2 | TAKE CENTRE STAGE IN NASHVILLE

Pass by the city's lively honky-tonks and performers on Broadway as you embark on an orientation tour of the city. Later, take a tour to RCA Studio B, the birthplace of Nashville Sound. In the afternoon, pay a visit to the Country Music Hall of Fame. Tonight meet your Travel Director and fellow guests for a welcome dinner. **(B) (D)**

DAY 3 | CHOOSE YOUR NASHVILLE EXPLORATION

Make a stop at the Nashville Farmers' Market to explore its artisanal crafts and produce. You decide how to discover Nashville this afternoon with Insight Choice. Choose to visit Nelson's Green Brier, a local Tennessee distillery and home of the Original Tennessee Whisky. Or, visit The National Museum of African American Music, the only museum dedicated to preserving and celebrating the many music genres created, influenced and inspired by African Americans. **(B)**

DAY 4 | HEADING BACK HOME TO MEMPHIS

This morning, you'll travel to Memphis, a city that pulses with rhythm and history. Whether it's your first visit or your hundredth, the soulful sounds of Beale Street are sure to draw you in. Later, join civil rights activist Elaine Lee Turner for a walking tour through pivotal sites of the 1960s movement, including Mason Temple and the Lee Sisters Marker. As Elaine shares personal stories of protest and resilience, you'll gain rare insight into Memphis' role in the fight for justice. This evening, enjoy private access to the Stax Museum of American Soul Music, housed in the original Stax Records studio. Explore more than 2,000 artifacts and exhibits celebrating the artists who defined Southern soul, including Otis Redding, Isaac Hayes and Carla Thomas. The Soulsville Foundation behind the museum empowers young people through music and education, keeping the legacy alive. **(B)**

Hotel: The Guest House at Graceland, Memphis.

DAY 5 | A DAY DEDICATED TO THE KING

Begin your day with a visit to the magnificent Graceland, the former home of Elvis Presley. Make your way to Sun Studio, the "birthplace of rock and roll", where legends B.B. King, Johnny Cash and Elvis recorded. Dinner this evening

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

will be served at The Beauty Shop, a former hair parlour turned whimsical New American eatery where Elvis' ex-wife, Priscilla, was said to get her hair done. **(B) (D) (RS)**

DAY 6 | MEMPHIS TO JACKSON VIA THE MISSISSIPPI BLUES TRAIL

Follow the legendary Mississippi Blues Trail, where markers tell the stories of the artists who shaped America's most influential music. In Indianola, a Local Expert leads you through the B.B. King Museum, where you'll see his guitars, explore interactive exhibits, and visit the restored cotton gin where he once worked. Pay your respects at his final resting place before heading to the iconic Club Ebony, a historic stop on the Chitlin' Circuit, a network of venues that provided Black musicians with safe performance spaces during segregation. Here, a local musician will share the club's storied past and guide you in writing your own blues song before a private concert over lunch brings the music to life. **(B) (L)**

Hotel: The Westin Jackson

DAY 7 | JACKSON TO NEW ORLEANS

Step into the rich history of Louisiana with a guided tour of Destrehan Plantation, exploring the lives of both the free and enslaved people who lived here. Continue to New Orleans, founded by the French in 1718 and later shaped by Spanish rule before becoming part of the United States through the Louisiana Purchase in 1803. Later, go behind the scenes at Mardi Gras World, where artists craft elaborate floats that bring the city's most famous celebration to

life. A Mardi Gras World artist will guide you in designing your own vibrant mask to take home as a unique keepsake. **(B)**

Hotel: New Orleans Marriott, New Orleans

DAY 8 | FESTIVITIES IN NEW ORLEANS

Discover New Orleans with a Local Expert, from the grand mansions of the Garden District to the lively French Quarter. In the afternoon, choose to explore the National WWII Museum, home to immersive exhibits and personal stories from the war, or take a swamp tour, gliding through bayous teeming with wildlife while learning about Louisiana's disappearing wetlands. Celebrate your final evening with a VIP jazz experience at Fritzel's Jazz Club, followed by a Creole dinner at Tujague's, a New Orleans institution since 1856. **(B) (D)**

DAY 9 | DEPART NEW ORLEANS

It's time to say goodbye to your fellow travellers as your adventure comes to an end. Departure to the airport will be at leisure. **(B)**

Women-Only Option

We also offer an exclusive Women-Only departure for this tour. Designed by women, for women, and averaging 18 travellers, this inspiring journey features enriching experiences that support female-owned businesses. To read the full itinerary visit insightvacations.com/women-only or speak to your Travel Agent.



HIGHLIGHT INCLUSIONS

Premium Experiences

Nashville | Take a guided tour of RCA Studio B, the cradle of Nashville country music sound.

Learn about country music legends at the Country Music Hall of Fame.

Nashville | *Insight Choice* Visit Nelson's Green Brier, home of the Original Tennessee Whisky, and learn about the process that creates this drink's unique taste, or visit the National Museum of African American Music and celebrate the central role African Americans play in creating the American soundtrack.

Memphis | Explore Memphis with Civil Rights era activist Elaine Lee Turner. Explore Graceland, the private retreat of Elvis Presley. Visit Sun Studios, known as the "birthplace of Rock n Roll."

Indianola | Visit the B.B. King Museum and Delta Interpretive Centre. Experience the soul of the blues at the legendary Club Ebony.

New Orleans | Enjoy an exclusive tour of Mardi Gras World and design your own Mardi Gras Mask alongside a certified artist. Discover the heart of the New Orleans jazz scene with VIP front-row seating at Fritzel's Jazz Club in the French Quarter.

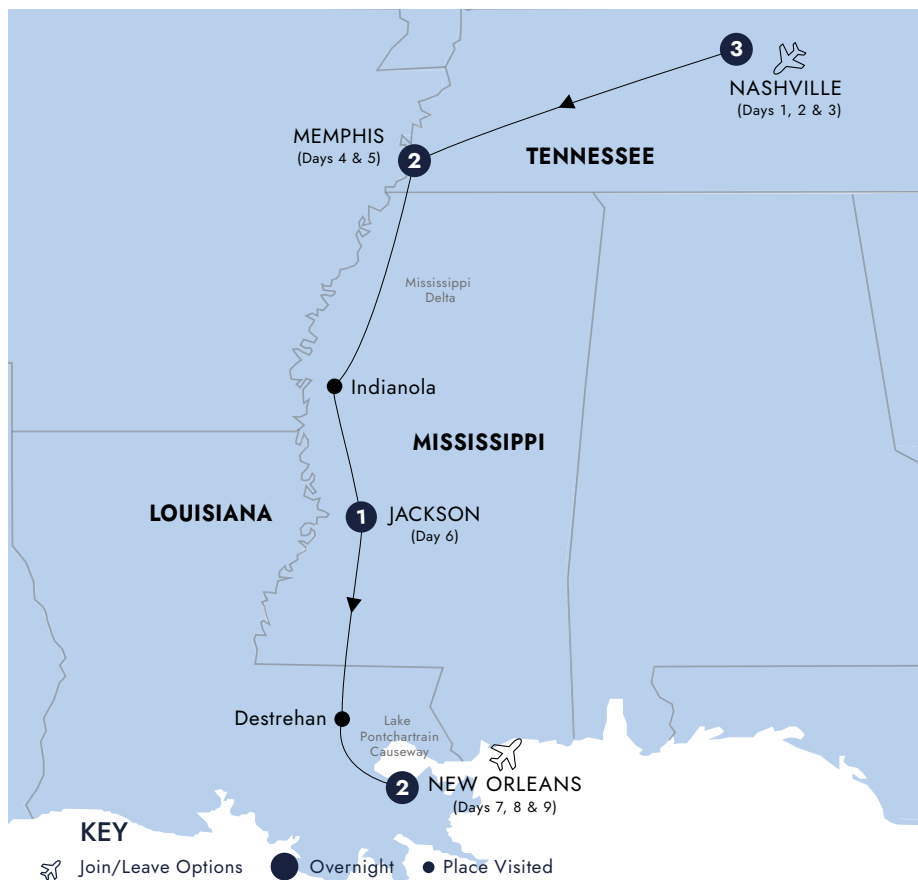
Memphis | **MAKE TRAVEL MATTER®** Visit the Stax Museum of American Soul Music for a special after-hours private tour and learn about its soulful legacy. Your visit directly supports United Nations Sustainable Development Goal 4: Quality Education.

Premium Dining

Memphis | Savour a meal at The Beauty Shop, a former beauty parlour turned whimsical New American eatery, where Elvis' ex-wife, Priscilla, was said to get her hair done.

New Orleans | Dine at one of the longest continuously operated restaurants in the country.

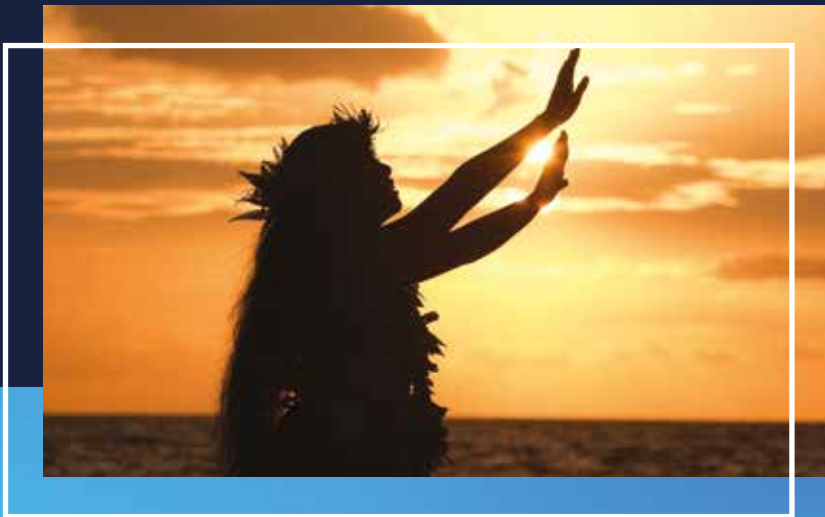
For all inclusions see tour page online.



Hawaii with Oahu, Maui & the Big Island

Discover Hawaii's rich heritage, from volcanic landscapes and ocean views to Pearl Harbour. Taste island-grown pineapple and witness the sun rise at Haleakalā.

10 DAYS | 1 COUNTRY | 16 MEALS | BALANCED



4.7/5



feefo

Guest Review Rating



Trip code: APARK

DEPARTURE MONTHS

Year-round

For dates and prices, contact your Travel Agent or see insightvacations.com/hawaii/big

DAY 1 | ALOHA HAWAII

Arrive in Honolulu and receive a warm lei greeting before meeting your Travel Director. Home to the iconic cocktail and made famous by Elvis Presley's 1961 film Blue Hawaii, your Oahu hotel sets the scene for your stay. This evening, enjoy dinner with your fellow travellers. **(D)**
Hotel: Hilton Hawaiian Village Waikiki Beach Resort, Oahu

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | PEARL HARBOUR

Enjoy a Relaxed Start this morning followed by a visit to the Pearl Harbour National Memorial, commemorating the tragic day of December 7th 1941. Walk through the Visitor Centre and take a short boat ride to the USS Arizona Memorial, the final resting place of 1,102 sailors and marines. Spend time at the superb visitor centre and explore exhibits that recount the events that led the U.S. to join World War II. As part of today's adventure, you'll see the Punchbowl National Memorial Cemetery of the Pacific. It honours all those who served in the U.S. Armed Forces and lost their lives during WWII, the Korean War and the Vietnam War. Return to Waikiki and spend the rest of your day at leisure. **(B) (RS)**

DAY 3 | A TRIP AROUND OAHU

After a Relaxed Start this morning, set out to explore Oahu on an exciting island tour. Take in the epic views from Pali Lookout towards the Kaneohe Bay and the Windward Coast. The valley below was the scene of a bloody battle in 1795 when King Kamehameha I extended his rule over the island with an army of 10,000 men. Journey beneath the towering Ko'olau Cliffs and along the rugged coastline. Join a MAKE TRAVEL MATTER[®] Experience with your Local Expert in a Hawaiian Legacy Forest and learn about the sacred planting ceremony of a native tree contributing to the healing of the local ecosystem. Delve into an al fresco, sustainably sourced picnic lunch while enjoying views of the Legacy Forest. Continue to North Shore where in the winter months waves can reach 30ft making it a favourite spot among big wave surfers worldwide. Visit Haleiwa, the social and artistic hub of the North Shore. Stroll among small boutiques and plantation-era buildings to soak up the laid-back ambiance. Finally, return to Waikiki after your eventful day and enjoy your evening at leisure. **(B) (L) (RS)**

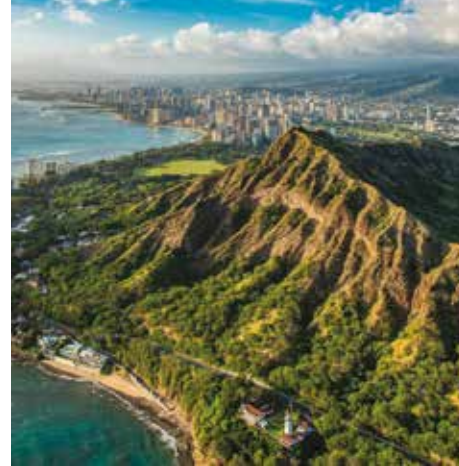
DAY 4 | MAUI, THE VALLEY ISLE

Take a short flight to Kahului on Maui. Visit the awe-inspiring Iao Valley State Park and see the 1,200-foot landmark Iao Needle. As night falls you are invited to choose your own dining experience from a selection of restaurants for your Dine-Around evening. Your options include a magical evening at the Waiale Lu'au for a taste of traditional Polynesian cuisine,

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.



dance and storytelling, or one of the resort's other top-rated restaurants. **(B) (D)**

Hotel: The Westin Maui Resort & Spa, Ka'anapali Beach, Maui

DAY 5 | UPCOUNTRY MAUI

Head to Upcountry Maui and discover a different face of the island. Visit one of the last working pineapple farms with a fun and knowledgeable Local Expert. Indulge in a Farm-to-Table lunch at the Hali'imaile General Store. Originally a plantation shop in the early 20th century, the restaurant is known for its outstanding island cuisine. Return to your resort and spend the evening at your leisure. **(B) (L)**

DAY 6 | INSIGHT CHOICE IN MAUI

Explore Maui with Insight Choice. Choose to experience sunrise at Haleakalā National Park, offering an astonishing volcanic landscape. Hear the Hawaiian legends about the active volcano and see the unique Haleakalā Silversword plant. Alternatively, cruise to the scenic coastline of West Maui and Ka'anapali Beach and snorkel a dazzling coral reef, home to abundant sea life. Tonight, get together with your Travel Director and fellow travellers for dinner. **(B) (D)**

DAY 7 | TO THE BIG ISLAND

Take a short flight to Hawai'i, the largest island of the archipelago. Upon arrival, spend time in easy-going Kailua-Kona, once the home of Kamehameha I, Hawai'i's great ruler. Travel from the beach to the coffee growing area of Kona and join a Local Expert to learn about Kona coffee. Enjoy a tasting of this gourmet specialty

that only grows on the slopes of two local active volcanoes. See native plants, fruits and the organic coffee fields on your tour around the plantation. Continue to your luxurious resort accommodation and enjoy the rest of your day at leisure. **(B)**

Hotel: Hilton Waikoloa Village, Island of Hawai'i

DAY 8 | THE VOLCANOES OF HAWAII

Get ready for an unforgettable journey to the volcano. Following a luscious lunch, enter the UNESCO World Heritage listed Hawai'i Volcanoes National Park. Hear the legends of Pele, the goddess of volcanoes and fire, and the creator of the Hawaiian Islands. Stop by the magical Rainbow Falls on your way back to your resort. **(B) (L)**

DAY 9 | A DAY TO RELAX

Enjoy a Relaxed Start and spend the day on island time, lounging under the swaying palms or by the pool. Indulge in a spa treatment or snorkel in the local lagoon, looking for the rare green sea turtles that call these waters home. Or, opt to take to the skies on a helicopter tour and witness the sea cliffs of Waipi'o Valley and the Kohala Mountains. Tonight, come together at a restaurant for dinner and toast to your travels. **(B) (D) (RS)**

DAY 10 | FAREWELL HAWAII

Bid farewell to your fellow travellers and new friends and depart at leisure to the Kona airport filled with new memories and stories. **(B)**

HIGHLIGHT INCLUSIONS

Premium Experiences

Honolulu | Visit Pearl Harbour and step aboard the USS Arizona Memorial. See the Punchbowl National Memorial Cemetery of the Pacific.

Oahu | On your journey around Oahu, take in panoramic views from Pali Lookout, and travel beneath the Ko'olau Mountains and along the Windward Coast.

Maui | See the 366 m (1,200 ft) landmark Iao Needle. Visit one of the last working pineapple farms with a Local Expert. Learn about the plantations' impact on the islands and sample some of the extra sweet Maui Gold variant.

Maui | *Insight Choice* Visit Haleakala National Park offering an astonishing volcanic landscape.

Hawaii | Visit the UNESCO World Heritage listed Hawai'i Volcanoes National Park.

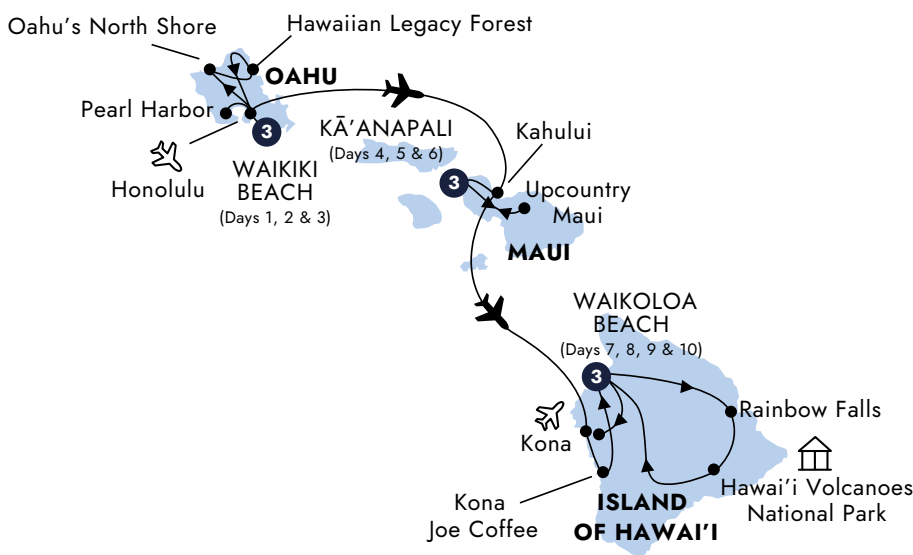
Oahu | **MAKE TRAVEL MATTER®** Join an eco-tour with your Local Expert in a Hawaiian Legacy Forest where your visit will support the planting of a native tree contributing to the healing of the local ecosystem. Your visit directly supports United Nations Sustainable Development Goal 15: Life on Land.

Premium Dining

Oahu | Savour an al fresco, sustainably sourced Farm-to-Table lunch, complemented by beautiful views of the North Shore.

Maui | Choose to dine at the Wailele Luau or one of your resort's other Top-rated Restaurants during your Dine-Around evening.

Enjoy lunch at Hali'imaile General Store, the island's original Farm-to-Table restaurant.



KEY

- Join/Leave Options
- Included Flights
- UNESCO Heritage Site
- Overnight
- Place Visited

For all inclusions see tour page online.

SMALL GROUP TOUR

Costa Rica Rainforest

Journey from pre-Columbian heritage sites to misty cloud forests and the wild Pacific coast. Reveal the stories, wildlife and traditions that make this country so captivating.

9 DAYS | 1 COUNTRY | 14 MEALS | BALANCED



Be the first to rate this new trip.

feefo

Guest Review Rating



Trip code: YZCR

DEPARTURE MONTHS

January - April + June - July + November - December

For dates and prices, contact your Travel Agent or see [insightvacations.com/costarica](https://www.insightvacations.com/costarica)

DAY 1 | WELCOME TO SAN JOSÉ

Arrive in San José, Costa Rica's capital set at 1,100 metres in the Central Valley between Poás and Irazú volcanoes. Coffee production in the 19th century shaped much of the city's early development, funding institutions such as the National Theatre, completed in 1897 and still operating today. This evening, meet your Travel Director and your small group for dinner. **(D)**
Hotel: Intercontinental, San José

TRANSFERS: A complimentary transfer to your hotel is scheduled according to your flight arrival time.

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | EXPLORE COSTA RICA'S CAPITAL

Begin with a before-hours visit to the Pre-Columbian Gold Museum with your Local Expert, then step out on a walking city tour through central San José. You'll take in Plaza de la Cultura and the Teatro Nacional de Costa Rica, continue to Plaza de la Democracia y de la Abolición and the National Museum of Costa Rica, finishing in Parque Nacional. Later, take part in an authentic experience at the home of Randall and Doña Aradina, spending time in their orchid garden before lunch is served in their garden pavilion. Back in San José, your evening is at leisure. **(B) (L)**

DAY 3 | SAN JOSÉ TO SARCHÍ AND THE CENTRAL VALLEY

Leave San José behind and step into Costa Rica's Central Valley craft traditions in Sarchí, one of the country's best-known centres for painted oxcarts and artisan woodwork. You'll have space to explore workshops where carretas are built and hand-painted, and to browse small studios producing carved and painted pieces. The central park is a natural point to pause, with the town's landmark oxcart as a reference to the tradition Sarchí is known for. Later, take part in a MAKE TRAVEL MATTER[®] Experience on an organic farm. You'll learn sustainable growing methods, harvest seasonal ingredients from the garden and use them to create a local dish before dinner. **(B) (D)**

Hotel: Montaña de Fuego, La Fortuna

DAY 4 | LA FORTUNA AND THE ARENAL REGION

Enjoy a Relaxed Start in La Fortuna, then head out to explore the region with Insight Choice. Choose between a hands-on chocolate experience tracing cacao through each stage of production, including the origins of traditional chocolate drinks and a tasting of organic chocolate, or choose a zipline adventure reached by safari truck, with 11 cables running between platforms in the hills above La Fortuna. Later, you'll join a guided nature walk to learn how the area's rainforest ecosystems support local flora and fauna. This evening is at leisure in La Fortuna, with the option to visit the town's hot springs, browse local eateries around the

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

central park or take an early night ready for tomorrow's plans. **(B) (RS)**

DAY 5 | CLOUD FORESTS AND ON TO MONTEVERDE

Begin the day at Canto del Río in La Paz de San Ramón with naturalist Edwin Ramírez. On his property, you'll walk a reforested section of montane cloud forest and hear how restoration is approached on privately managed land. Continue to Monteverde, a highland community in the Tilarán range closely linked to conservation and research, with protected cloud forest reserves established here from the early 1970s. Settle into Santa Elena and enjoy an evening at leisure. Perhaps browse the small galleries and craft shops along the main street, stop in for Costa Rican coffee and dessert, or choose a local restaurant for dinner. **(B) (L)**
Hotel: Heliconia, Monteverde

DAY 6 | THE HANGING BRIDGES OF MONTEVERDE

Explore the Monteverde Cloud Forest with a naturalist, walking forest trails and crossing a series of hanging bridges that bring you into the upper levels of the canopy. At this elevation, persistent mist supports moss-covered branches, orchids and other epiphytes. As you move through the tree canopy, look out for species recorded here, including resplendent quetzals, bellbirds and hummingbirds, with the chance of seeing monkeys and coatis along the trails and around the canopy. Return to your hotel later in the day for dinner. **(B) (D)**

DAY 7 | CRUISE THE RIVER AND ON TO TAMARINDO

Descend from the mountain landscapes of Monteverde towards Costa Rica's north-west lowlands, where wide river systems and seasonal wetlands define Guanacaste. You'll take a boat tour on the Bebedero River, cruising through this

important wetland corridor known for birdlife and riverside wildlife. From the water, you'll scan the banks and overhanging branches for species that gather along the river's edge. Continue to Tamarindo for the night. The evening is at leisure. Perhaps head to the coast for sunset views or choose a local restaurant to sample regional dishes like arroz de maíz or chorreadas. **(B)**
Hotel: Tamarindo Diria Beach Resort

DAY 8 | TAMARINDO AT LEISURE

Today is free to use as you like in Tamarindo. You may choose a beach day on the Pacific coast, book a surf lesson in one of the area's best-known beach towns, or head inland for a change of landscape with volcanic trails, waterfalls and geothermal features in the Rincón de la Vieja area. If you'd like time on the water, you can choose an Optional Experience with a morning snorkel and catamaran tour to Playa Tamarindo. This evening, join your Travel Director and small group for a final dinner together to celebrate your journey through Costa Rica. **(B) (D)**

DAY 9 | DEPART LIBERIA

Say goodbye to your Travel Director and your small group, taking with you the days spent between cloud forest, wetlands and the Pacific coast. **(B)**

TRANSFERS: A complimentary transfer from your hotel to the airport is scheduled according to your flight departure time.

Small Group Tours

With an average of 16 travellers, enjoy deep connections with the destinations and experts you meet along the way. Learn more about small group tours at insightvacations.com/ways-to-travel/small-groups or speak to your Travel Agent.



HIGHLIGHT INCLUSIONS

Premium Experiences

San José | Walk through central San José to see major landmarks. Enter the Pre-Columbian Gold Museum before opening with your Local Expert. You'll view gold pendants and figurines shaped into animal forms alongside ceremonial pieces that show how metalwork signaled identity and belief.

La Fortuna | Insight Choice Ride in a safari truck to the start of the zipline course, then move through 11 cables, or follow the life of cacao from start to finish, learning how it is grown, fermented and dried before it becomes chocolate.

La Fortuna | Join a guided nature walk to explore the rainforest habitats of the Arenal region.

La Paz Cloud Forest | Meet Edwin and hear how persistent mist and elevation shape cloud forest conditions, and why protecting these habitats is linked to biodiversity and water systems beyond the region.

Monteverde | Explore the first hanging bridges built in Costa Rica as you walk the Monteverde cloud forest with a naturalist. You'll cross six bridges, suspended up to 50 m (164 ft) above the forest floor, giving a clear view into different layers of the canopy.

Bebedero | Cruise the Bebedero River through wetlands, watching for wildlife.

La Fortuna | MAKE TRAVEL MATTER® At Finca Educativa Don Juan, lunch is shaped by sustainable farming practices. See sugar cane pressed at the trapiche, gather fresh farm produce and join a cooking workshop before sitting down to your Farm-to-Table lunch. Your visit directly supports United Nations Sustainable Development Goal 12: Responsible Consumption and Production.

Premium Dining

San José | Visit Randall and Doña Aradina's home to walk through their orchid garden, then sit down for lunch and hear how the garden is cared for in this climate.

For all inclusions see tour page online.

Contrasts of Brazil & Argentina

From tango halls to rainforest trails, you'll connect with gaucho traditions, take in Atlantic vistas and end with panoramic views from Sugarloaf Mountain.

9 DAYS | 2 COUNTRIES | 13 MEALS | BALANCED



5/5
feefo

Guest Review Rating



Trip code: ZABR

DEPARTURE MONTHS

January - March + September - December

For dates and prices, contact your Travel Agent or see [insightvacations.com/argentinabrazil](https://www.insightvacations.com/argentinabrazil)

DAY 1 | WELCOME TO BUENOS AIRES

Welcome to the sophisticated capital of Argentina, often affectionately dubbed the "Paris of South America". On arrival, you'll be transferred to your hand-picked hotel. Take time to settle in and unwind before joining your Travel Director and fellow travellers for dinner. (D)

Hotel: Sofitel Recoleta, Buenos Aires

TRANSFERS: A complimentary transfer to your hotel is scheduled according to your flight arrival time.

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | EXPLORE BUENOS AIRES

After a Relaxed Start, gain a deeper understanding of Argentina's identity as you explore the capital with your Travel Director. A guided walking tour takes you through key attractions of this city. Next, immerse yourself in Argentina's grilling culture for lunch at Fogón Asado. This unique dining experience reimagines traditional parrilla cooking, with chefs preparing premium cuts over an open flame, right before your eyes - a contemporary take on one of Argentina's most beloved culinary traditions. In San Telmo, experience an Insightful Encounter at El Viejo Almacén, one of the city's oldest tango venues, where dancers bring this expressive art form to life. (B) (L) (RS)

DAY 3 | INTO ARGENTINA'S PAMPAS

Leave the city behind as you journey into fertile lowlands, the Pampas, for a visit to La Bandada, a traditional estancia nestled among open plains and native woodlands. This family-run ranch offers a warm welcome and a glimpse into gaucho heritage, with a lunch of regional specialties served in a relaxed, rustic setting. Later, personalise your experience with Insight Choice. Discover Argentina's national sport with an introduction to polo, where you'll learn about the rules, strategy and enduring popularity of the game (no riding required). Alternatively, step into the kitchen for a hands-on cooking class, where the estancia's chef shares the secrets behind Argentina's beloved empanadas. (B) (L)

DAY 4 | IGUAZÚ NATIONAL PARK

Fly north to the province of Misiones, where the subtropical rainforest meets one of South America's greatest natural wonders. The Iguazú River plunges into a series of nearly 300 individual cascades, creating the awe-inspiring Iguazú Falls - wider than Victoria and taller than Niagara. As you arrive in Puerto Iguazú, you'll visit a forest-sheltered local market that supports sustainable producers and celebrates regional traditions. Here, enjoy an Insightful Encounter as you discover the story behind Argentina's most iconic drink - mate, a herbal infusion made from the native yerba mate plant. Learn why this energising tea is more than a beverage - it's a daily ritual and a symbol of hospitality across Argentina. This evening, settle

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

into your premium retreat and the only hotel located inside Iguazú National Park. **(B)**
Hotel: Gran Meliá, Iguazú National Park

DAY 5 | THE ARGENTINIAN SIDE

Explore the Argentinian side of Iguazú Falls with your Local Expert, where a network of trails and walkways reveals the raw beauty of this UNESCO-listed site. Feel the spray on your skin as you approach the roaring Devil's Throat, and witness the power of nature up close from multiple vantage points across the rainforest canopy and riverbanks. In the evening, visit a local finca for a dinner steeped in regional flavour. Set amid native forest, this rural hideaway showcases seasonal produce and time-honoured recipes, offering a relaxed and authentic taste of Misiones province under open skies. **(B) (D)**

DAY 6 | OFF TO RIO DE JANEIRO

Wake inside Iguazú National Park and enjoy breakfast overlooking the rainforest canopy. Cross into Brazil with your Local Expert for a guided visit to the eastern side of the falls. Here you can see the entire waterfall system at once, including San Martín Island, from panoramic viewing platforms. Board your flight to Rio de Janeiro, where your hotel sits just moments from Copacabana Beach, one of the most famous attractions in Brazil. From the rooftop, watch the sun dip behind the mountains, or head out to explore the rhythm of local life in the surrounding streets. **(B)**

Hotel: Windsor California Copacabana/ Hilton Copacabana, Rio de Janeiro

DAY 7 | SIGHTSEEING IN RIO

Explore Rio de Janeiro with your Local Expert, discovering neighbourhoods and landmarks that reveal the city's history, culture and striking

natural setting. From colonial streets to coastal viewpoints, gain insight into the contrasts that shape life in Brazil's most celebrated city. Enjoy Fast Pass Access as you ride the cable car to the summit of Sugarloaf Mountain for panoramic views across Guanabara Bay and the surrounding peaks. Later, during your MAKE TRAVEL MATTER® Experience, go behind the scenes at Grande Rio Samba School to discover the story of samba, explore the creative workshop, try on Carnival costumes and join a samba class with a dancer. This evening, perhaps join an Optional Experience blending bold Brazilian flavours and live performance at the atmospheric Aquele Abraço. **(B)**

DAY 8 | EXPLORE RIO DE JANEIRO

With your Local Expert, travel to the summit of Corcovado Mountain for a close look at Christ the Redeemer, one of the most recognisable landmarks in the world. Learn how its design blends engineering innovation with national identity, and take in views across Rio's natural amphitheatre of sea, mountain and city. Later, sit down to a traditional Brazilian barbecue at Assador Churrascaria. Located beside Guanabara Bay, the restaurant pairs classic dishes with one of Rio's most scenic settings. **(B) (D)**

DAY 9 | DEPART RIO DE JANEIRO

It's time to say goodbye to your fellow travellers as your trip comes to an end. You can take an organised transfer to Rio de Janeiro's Antônio Carlos Jobim International Airport or continue your exploration of Rio de Janeiro at your leisure. **(B)**

TRANSFERS: A complimentary transfer from your hotel to the airport is scheduled according to your flight departure time.



HIGHLIGHT INCLUSIONS

Premium Experiences

Buenos Aires | Enjoy a private tango demonstration and engage first-hand with the professional dancers.

Buenos Aires | *Insight Choice* Join a hands-on masterclass as you prepare empanadas, or delve into the fast-paced world of polo, Argentina's most prestigious sport.

Puerto Iguazú | Discover the story behind mate, Argentina's most iconic drink made from the native yerba mate plant.

Iguazú Falls | Enjoy breathtaking views from both the Argentinian and Brazilian side of the park with a Local Expert.

Rio de Janeiro | Discover the contrasts between Rio's historic heart and modern spirit, guided by a Local Expert. Take a cable car ride up to Sugarloaf Mountain with Fast Pass Access.

Rio de Janeiro | **MAKE TRAVEL MATTER®** Step into Rio's Carnival backstage, meet its makers, and experience samba firsthand while supporting a community project that transforms young lives. Your visit directly supports United Nations Sustainable Development Goal 11: Sustainable Cities and Communities.

Premium Dining

Buenos Aires | Discover the bold flavours of modern Argentine cuisine during a nine-course Asado Tasting Menu at Fogón Asado.

Experience life on a traditional Argentine ranch in the Pampas with a homemade lunch prepared with ingredients from the estancia's own land.

Iguazú National Park | Explore Guaraní food culture through a fire-cooked meal and live music.

Rio de Janeiro | Dine at one of Rio's most renowned rodízio-style grillhouses.

For all inclusions see tour page online.

SMALL GROUP TOUR

Peru with Machu Picchu *with Nazca Lines option*

Fly above the mysterious Nazca Lines, tour the ancient Koricancha temple and journey through the Sacred Valley to Machu Picchu and the mighty ruins at Ollantaytambo.

10 DAYS | 1 COUNTRY | 16 MEALS | DYNAMIC

WOMEN-ONLY OPTION AVAILABLE



4.8/5

★★★★★
feefo

Guest Review Rating

DEPARTURE MONTHS

March - November

For dates and prices, contact your Travel Agent or see
[insightvacations.com/perunazcalines](https://www.insightvacations.com/perunazcalines)

DAY 1 | WELCOME TO LIMA

Arrive in Lima for the first day of your journey. Unwind at your hotel, before meeting your Travel Director and fellow travellers in the evening for dinner with drinks. (D)

Hotel: MGallery Manto, Lima

TRANSFERS: A complimentary transfer to your hotel is scheduled according to your flight arrival time.

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | EXPLORE LIMA

Explore the colourful capital of Peru this morning with your Local Expert. Visit Casa Aliaga, an impressive mansion that has been home to the Aliaga family for 17 generations. For art lovers, one of today's highlights is the visit to Museo Larco, South America's highest-rated museum. Enjoy lunch amidst the museum's stunning gardens before a guided visit with a Local Expert. (B) (L) (RS)

DAY 3 | LIMA TO SACRED VALLEY

After a morning flight to Cusco, begin your exploration with a tour of the Sacred Valley, while taking in impressive views on your scenic drive along the way. Enjoy lunch at Altar Inca, surrounded by some of the most amazing sights of the region. Arrive at your hotel for a leisurely evening. (B) (L)

Hotel: Aranwa Sacred Valley, Urubamba

DAY 4 | EXPLORE SACRED VALLEY

Spend the day in the Sacred Valley, where you'll visit the Maras Salt Mines with a Local Expert and see thousands of terraced pools used to harvest salt. In Moray, you'll see circular terraces, created by the Incas for what many believe were agricultural experimentation purposes. Later, head to Laguna Piuray for a MAKE TRAVEL MATTER® Experience weaving demonstration, revealing how textiles continue to shape personal and regional identity in the Andes. Then continue to Laguna Piuray for a memorable cultural experience. Sit down to a traditional lunch, cooked in the earth with hot stones and accompanied by local musicians, before learning to play the zampoña, a traditional Andean panpipe. (B) (L) (RS)

DAY 5 | EXPLORE MACHU PICCHU

Begin the day in Ollantaytambo, where the surviving stone streets and terraces still reflect the layout of an Inca town. Visit the ruins with a Local Expert, then stop at a local home and learn more about daily life in the village. Later, enjoy your travels as you board IncaRail's The Prime train to Machu Picchu Pueblo. On arrival, visit Machu Picchu with a Local Expert, who will guide you through the 15th-century citadel and explain the significance of its architecture, engineering and mountain setting. (B) (D) (RS)

Hotel: Sumaq Machu Picchu, Aguas Calientes

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.



Trip code: ZPER/ZPERP



DAY 6 | MACHU PICCHU AT LEISURE

Take in the beauty and history of Machu Picchu for a second time, spending your morning exploring at your own pace. The remainder of your day is at your leisure for further exploration or relaxation. **(B)**

DAY 7 | ON TO CUSCO

Board your IncaRail 360 train to Ollantaytambo after breakfast, then continue to Cusco. You'll join a Local Expert for a walking tour through the old centre, including Plaza Mayor, the 12-Angled Stone and Koricancha, once the most important temple in the Inca Empire. Enjoy an after-hours visit to the Cusco Planetarium to see the southern sky through dome projections, Inca constellations and Andean astronomy, with telescope observation when conditions allow. **(B) (RS)**

Hotel: JW Marriott El Convento, Cusco

DAY 8 | EXPLORING CUSCO

Explore the Inca sites above Cusco this morning, where ceremonial spaces, defensive outposts and monumental stonework reveal how the empire shaped its capital. Visit Tambomachay, Puka Pukara and Qenqo before continuing to Sacsayhuaman, whose vast zigzag walls still overlook the city. After lunch, explore further with Insight Choice. Tour San Pedro Market with a Local Expert or visit Cusco Cathedral on Plaza de Armas. **(B) (L) (RS)**

DAY 9 | LEISURE TIME IN CUSCO

Today, explore Cusco at your own pace. Perhaps join an optional visit to the ChocoMuseum or lace up your boots for a scenic hike to Rainbow Mountain. In the evening, join your fellow travellers for a memorable dinner at Inka Grill. **(B) (D) (RS)**

DAY 10 | DEPART CUSCO

It's time to say goodbye to your fellow travellers as your trip comes to an end. Take a private transfer to Alejandro Velasco Astete International Airport. **(B)**

TRANSFERS: A complimentary transfer from your hotel to the airport is scheduled according to your flight departure time.

Nazca Lines Option

Customise your holiday by adding a four-day extension to Paracas including a flight over the Nazca Lines.

Small Group Tours

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Women-Only Option

We also offer an exclusive Women-Only departure for this tour. Designed by women, for women, and averaging 18 travellers, this inspiring journey features enriching experiences that support female-owned businesses. To read the full itinerary visit insightvacations.com/women-only or speak to your Travel Agent.

HIGHLIGHT INCLUSIONS

Premium Experiences

Lima | Explore Peru's buzzing capital with your Local Expert and visit Casa Aliaga, the 17-generation home of the Aliaga family.

Sacred Valley | Visit the Maras Salt Mine. In Moray, where you'll learn how the Incas determined the ideal altitude to grow crops. Visit the Ollantaytambo ruins built in the 1400s.

Machu Picchu | Enjoy a guided visit with a Local Expert. Journey in style on IncaRail's THE PRIME on the way to Machu Picchu.

Cusco | Explore the "historic capital" of Peru with your Local Expert. Enjoy an after-hours Planetarium visit to learn how the Incas interpreted the stars. Explore the Incan archaeological site of Sacsayhuaman.

Cusco | *Insight Choice* Explore San Pedro Market and connect with local vendors, or join a Local Expert as you visit the Cusco Cathedral.

Sacred Valley | **MAKE TRAVEL MATTER®** Visit a local traditional Quechua weaver for a private textile presentation and learn about ancient technique and their cultural significance. Your visit directly supports United Nations Sustainable Development Goal 10: Reduced Inequalities.

Premium Dining

Lima | Discover traditional flavours in Museo Larco's 18th-century garden.

Sacred Valley | Enjoy a Pachamanca, a traditional Peruvian feast, on the shores of Laguna Piuray with live music.

Cusco | Savour a slow-cooked Cusquenian lunch in the courtyard of a historic mansion.

For all inclusions see tour page online.

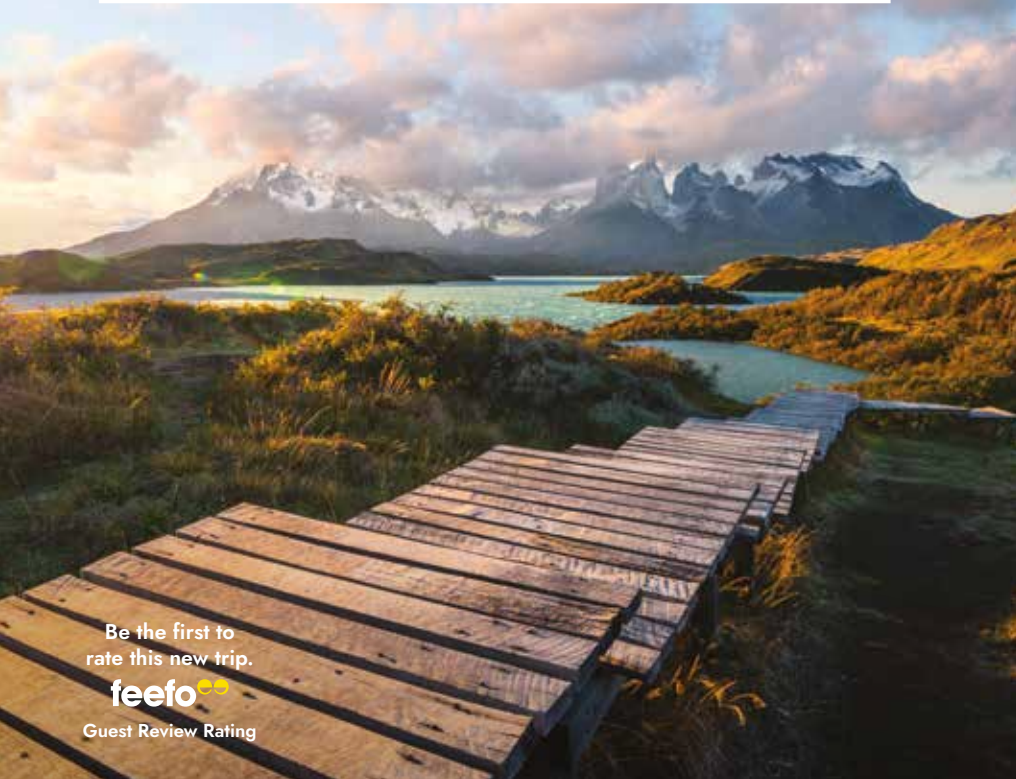


SMALL GROUP TOUR

Heart of Patagonia

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12 DAYS | 2 COUNTRIES | 20 MEALS | BALANCED



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Guest Review Rating



Trip code: ZPAT

DEPARTURE MONTHS

January - April + October - November

For dates and prices, contact your Travel Agent or see insightvacations.com/heartofpatagonia

DAY 1 | TOUCHDOWN IN CHILE

Welcome to Santiago, Chile's vibrant capital nestled between the Andes and the Pacific. You will be met at the airport and transferred to your hotel. Settle in, and meet your Travel Director and fellow guests over a relaxed dinner, looking forward to the journey ahead. (D)

Hotel: NOI Vitacura, Santiago

TRANSFERS: A complimentary transfer to your hotel is scheduled according to your flight arrival time.

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | SIGHTS OF SANTIAGO

Discover Santiago's soul with your Local Expert. Admire neoclassical architecture, visit the bustling Central Market and take in city views from Parque Bicentenario. At Pueblito Los Dominicos, enjoy a MAKE TRAVEL MATTER® Experience as you meet artisans preserving the art of horsehair weaving, a cherished tradition in southern Chile. (B) (RS)

DAY 3 | ON TO PUERTO NATALES

Fly south to Punta Arenas, gateway to Patagonia. Cross the vast steppe to Puerto Natales, a quiet town on Seno Última Esperanza. Here, glacier-fed waters and distant peaks offer your first taste of Patagonia's rugged beauty. (B)

Hotel: Costaustralis, Puerto Natales

DAY 4 | ÚLTIMA ESPERANZA FJORD

Cross the glacier-fed waters of Última Esperanza Fjord by boat, arriving at Estancia La Península: a working Patagonian ranch set amidst breathtaking southern scenery. You're welcomed with traditional sopaipillas, crispy fried pumpkin dough, served with homemade jam before choosing your own way to explore the landscape. Ride horseback along trails once used by gauchos or join a guided hike through wetlands and evergreen forest, rich in birdlife and native flora. Later, gather for a slow-roasted lamb barbecue, then watch skilled sheepdogs at work and learn about shearing techniques that have shaped rural life in Patagonia for generations. (B) (L)

DAY 5 | PUERTO NATALES TO TORRES DEL PAINE

Enter Torres del Paine National Park, a UNESCO Biosphere Reserve. Settle in at Hotel Las Torres Patagonia. You may wish to discover the traditions of Patagonian horsemen, whose bond with the land and their horses is central to life in the south, or explore the hotel's organic gardens and learn how sustainable practices support the fragile local ecosystem. Both experiences offer a unique window into the spirit of Patagonia. (B) (L) (D) (RS)

Hotel: Las Torres Patagonia/Rio Serrano, Torres del Paine National Park

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.



DAY 6 | TORRES DEL PAINE NATIONAL PARK

Uncover the contrasts of Torres del Paine. Visit panoramic lookouts at Puente Negro, Nordenskjöld, Sarmiento and Lake Pehoé, and witness the force of Salto Grande waterfall. Pause for a gourmet al fresco lunch set against jagged peaks. Walk along Lago Gray, where icebergs drift from the glacier. Reflect over dinner amid this untouched wilderness. **(B) (L) (D)**

DAY 7 | EL CALAFATE AND LOS GLACIARES NATIONAL PARK

Travel into Argentina to El Calafate, gateway to Los Glaciares National Park. Named after the native berry believed to guarantee a return, this remote town marks your transition from Chilean to Argentine Patagonia. **(B)**

Hotel: Mirador del Lago, El Calafate

DAY 8 | GLACIERS OF PATAGONIA

Set out on a full-day exploration of Los Glaciares National Park, a UNESCO World Heritage Site home to some of Patagonia's spectacular ice fields. Cruise across Argentino Lake, passing massive icebergs en route to the Upsala Glacier, one of the largest in South America. Continue through the Spegazzini Channel to view its towering namesake glacier, the park's tallest. Disembark for a guided nature walk through native lenga forest, then enjoy a scenic lunch aboard the boat before getting up close to Perito Moreno Glacier. Wander the boardwalks for panoramic views and, if lucky, witness calving ice. **(B) (L)**

DAY 9 | PERITO MORENO GLACIER

Enjoy a full day at leisure in El Calafate to stroll along the shores of Lago Argentino or visit the Glaciarium Patagonia Ice Museum. This

evening, discover a different side of Patagonia with a visit to a family-owned chacra for a home-made dinner. **(B) (D)**

DAY 10 | OFF TO BUENOS AIRES

Fly north to Buenos Aires, Argentina's lively capital. Trade wild landscapes for grand boulevards, tree-lined streets and a spirited urban culture. **(B)**

Hotel: Sofitel Recoleta, Buenos Aires

DAY 11 | EXPLORE BUENOS AIRES

Take a deep dive into Buenos Aires on a city tour through its historical and cultural heart. From Teatro Colón and Plaza de Mayo to colourful La Boca and refined Recoleta, each district reveals a different facet of the city. End your journey with a farewell dinner and tango show at El Viejo Almacén in San Telmo for a fitting finale. **(B) (D)**

DAY 12 | DEPART BUENOS AIRES

Your journey comes to an end as you bid farewell to your Travel Director and fellow guests before your transfer to the airport. **(B)**

TRANSFERS: A complimentary transfer from your hotel to the airport is scheduled according to your flight departure time.

Small Group Tours

With an average of 16 travellers, enjoy deep connections with the destinations and experts you meet along the way. Learn more about small group tours at insightvacations.com/ways-to-travel/small-groups or speak to your Travel Agent.

HIGHLIGHT INCLUSIONS

Premium Experiences

Santiago | Discover neoclassical landmarks and panoramic views with a Local Expert.

Puerto Natales | *Insight Choice* Explore the sweeping Patagonian landscape on horseback, or explore the rich biodiversity of the peninsula on a hike with a Local Expert.

Torres del Paine National Park | *Insight Choice* Meet the baqueanos and learn the Patagonian way of life as you sip yerba mate tea with these guardians of local ranching tradition, or tour the region's oldest organic kitchens and garden at Reserva Cerro Paine.

Torres del Paine National Park | Take a scenic drive through Chile's Patagonia Region.

Explore the rugged beauty with a hike along the shores of Lago Gray.

El Calafate | Cruise past towering icebergs and glacial cliffs.

Santiago | **MAKE TRAVEL MATTER®** Meet southern Chilean artisans at Santiago's Pueblito Los Dominicos and see how delicate strands of horsehair are dyed, woven and transformed into intricate designs. Your visit directly supports United Nations Sustainable Development Goal 11: Sustainable Cities and Communities.

Premium Dining

Puerto Natales | Discover deep-rooted traditions of Chile's southern frontier during a traditional Patagonian lamb barbecue at Estancia La Peninsula.

Torres del Paine National Park | Enjoy a taste of Patagonian tradition during a dinner prepared with fresh ingredients and inspired by the rugged beauty of Torres del Paine.

El Calafate | Discover local farming traditions, gather fresh ingredients and sit down for a rustic, home-cooked dinner.

Buenos Aires | Spend an evening at El Viejo Almacén, one of Buenos Aires' oldest and most revered tango venues. Your dinner is followed by an evocative tango performance celebrating Argentina's living cultural legacy.

For all inclusions see tour page online.



- ✈ Join/Leave Options
 ✈ Included Flights
 🏠 UNESCO Heritage Site
 ● Overnight
● Place Visited

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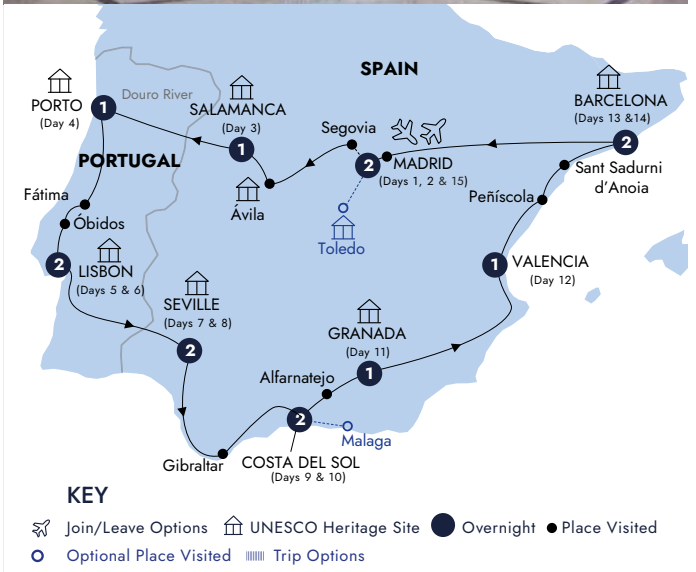
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Best of Spain & Portugal

Explore grand castles, historic cities and iconic landmarks. Highlights include the Prado Museum, the Alhambra Palace, olive oil tasting, flamenco lessons and port wine sampling – combining culture, cuisine and history into 15 unforgettable days.

15 DAYS | 3 COUNTRIES
21 MEALS | BALANCED

SMALL GROUP OPTION AVAILABLE



DEPARTURE MONTHS
Year-round

For full details, see
[insightvacations.com/bestspain](https://www.insightvacations.com/bestspain)

Trip code: E932/W932

Best of Italy

Discover Italy's timeless treasures on an 11-day journey from ancient ruins to Renaissance artistry. Enjoy Farm-to-Table dining near Mount Vesuvius, glide through Venice by gondola, visit romantic Capri and end with a private opera dinner that brings the country's passion and elegance to life.

11 DAYS | 2 COUNTRIES
16 MEALS | BALANCED

SMALL GROUP OPTION AVAILABLE



DEPARTURE MONTHS
Year-round

For full details, see
insightvacations.com/bestitaly

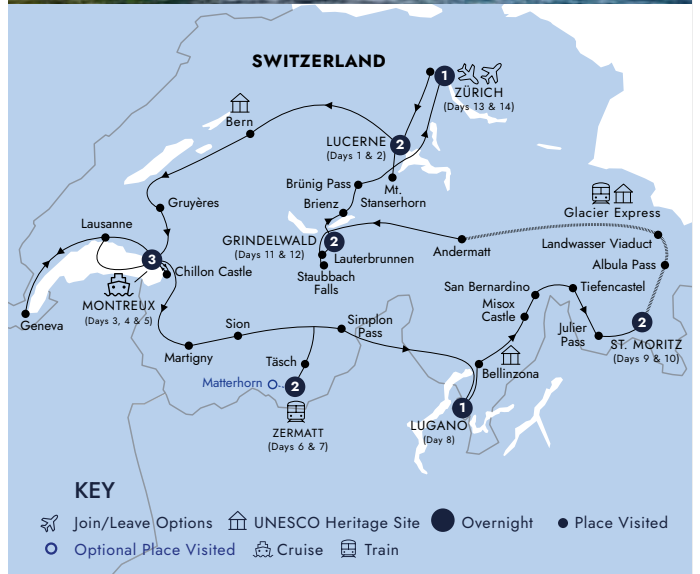
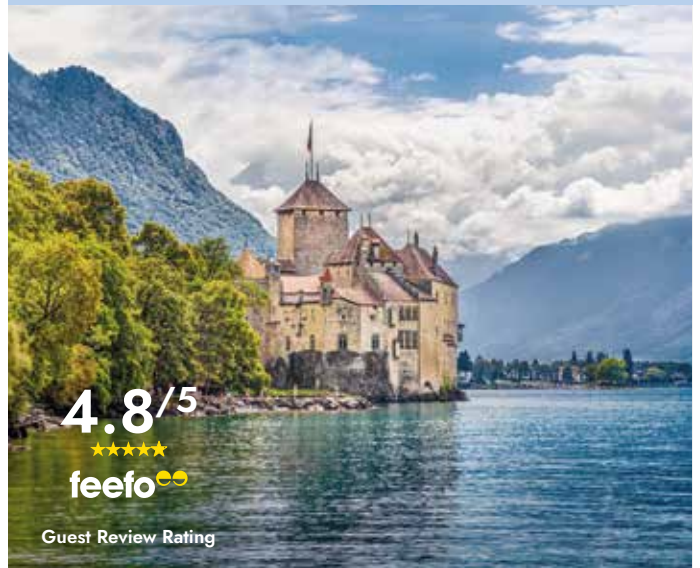
Trip code: E922/W922

Country Roads of Switzerland

Ride the Glacier Express through alpine scenery, ascend Mount Stanserhorn and explore Bern and Gruyères. From Grindelwald to St. Moritz, discover waterfalls, cable cars and a Farm-to-Table Swiss feast across Switzerland's spectacular landscapes.

14 DAYS | 2 COUNTRIES
18 MEALS | BALANCED

SMALL GROUP OPTION AVAILABLE



DEPARTURE MONTHS
April - September

For full details, see
insightvacations.com/crswitzerland

Trip code: E728

Britain & Ireland Discovery

Explore Britain and Ireland through castles, cobbled streets and legendary landmarks. Stand before Stonehenge, experience Bath and Edinburgh Castle, visit Dublin's Guinness Storehouse and wander medieval York as history unfolds at every stop.

22 DAYS | 5 COUNTRIES
33 MEALS | BALANCED



4.5/5
★★★★★
feefo

Guest Review Rating

Country Roads of Scotland

Trace Scotland's story from Edinburgh's Military Tattoo grounds and Glasgow's Georgian architecture to Skye's wild shores. On Orkney, uncover Kirkwall's Norse past and the mysterious Ring of Brodgar, before Insight Choice in Wick invites you to savour whisky or explore the town's Heritage Museum.

9 DAYS | 1 COUNTRY
14 MEALS | BALANCED

SMALL GROUP OPTION AVAILABLE



4.5/5
★★★★★
feefo

Guest Review Rating



KEY

- ✈️ Join/Leave Options
- 🏰 UNESCO Heritage Site
- 🌙 Overnight
- Place Visited
- 🚢 Cruise



KEY

- ✈️ Join/Leave Options
- 🏰 UNESCO Heritage Site
- 🌙 Overnight
- Place Visited
- 🚢 Cruise



DEPARTURE MONTHS
April - September

For full details, see
insightvacations.com/ivdiscovery

Trip code: B959



DEPARTURE MONTHS
April - September

For full details, see
insightvacations.com/crscotland

Trip code: B905

Country Roads of Croatia

Explore Croatia's rich heritage and coastal beauty, from ancient cities and storied palaces to a scenic sail in Dubrovnik. Along the way, enjoy Sea-to-Table oysters in Ston and discover Plitvice Lakes National Park, where waterfalls tumble through forested landscapes rich in folklore.

14 DAYS | 2 COUNTRIES
19 MEALS | BALANCED

SMALL GROUP OPTION AVAILABLE



Trip code: E962

DEPARTURE MONTHS
April - October

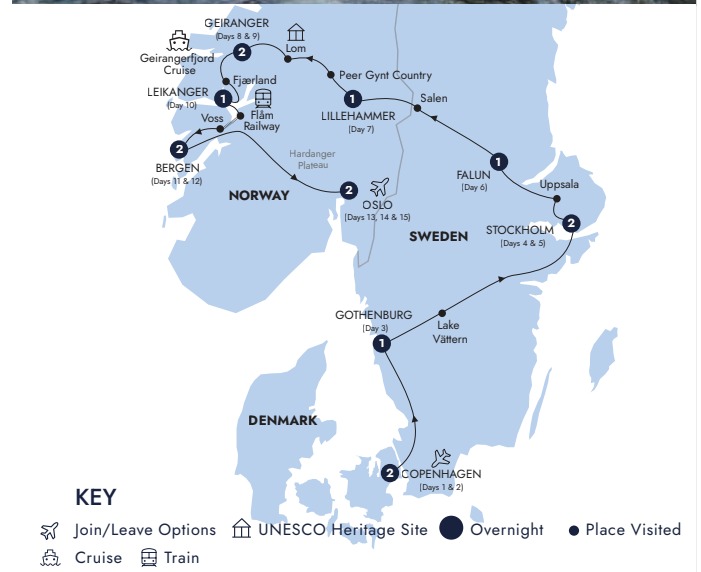
For full details, see
insightvacations.com/crcroatia

Spectacular Scandinavia and its Fjords

Explore Stockholm's Nobel halls, sail Geirangerfjord's glacial waters and ride the iconic Flåm Railway. From Sweden's pastoral landscapes to Norway's fjords, experience 15 days where nature and heritage meet you at every turn.

15 DAYS | 3 COUNTRIES
21 MEALS | BALANCED

SMALL GROUP OPTION AVAILABLE



Trip code: E941

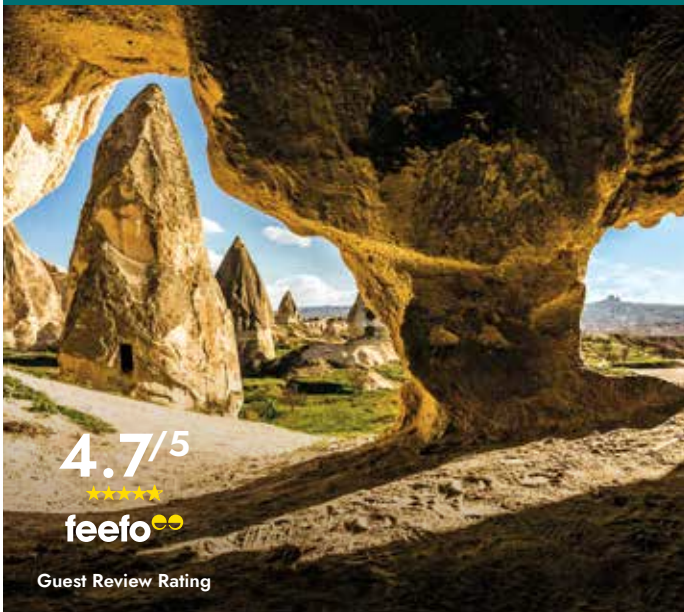
DEPARTURE MONTHS
April - August

For full details, see
insightvacations.com/fjords

Treasures of Turkey

From Cappadocia's cave dwellings to Istanbul's Blue Mosque and bustling Grand Bazaar, explore the cultural wonders of Turkey. You'll admire Ephesus and Göreme's rock churches, see whirling dervishes and dine on delicious local cuisine.

15 DAYS | 1 COUNTRY
24 MEALS | BALANCED



4.7/5



Guest Review Rating

Splendours of Egypt

Cruise the Nile through Egypt's ancient heart, where you'll travel from Luxor's Valley of the Kings to Cairo's pyramids and Sphinx. Take high tea at Aswan's storied Old Cataract Hotel, then share stories of local life over a meal with a family in Geziret Bahira.

12 DAYS | 1 COUNTRY
25 MEALS | BALANCED



4.6/5



Guest Review Rating

WOMEN-ONLY OPTION AVAILABLE



DEPARTURE MONTHS
April - September

Trip code: I949

For full details, see
insightvacations.com/treasuresturkey



DEPARTURE MONTHS
Year-round

Trip code: B945/WB945

For full details, see
insightvacations.com/splendoursegypt

Glories of Greece

Explore the Acropolis, Olympia and Meteora's soaring monasteries, and learn to make tzatziki with an acclaimed chef. In seven days, journey from Athens to Mycenae through iconic ruins, mythical tales, timeless artistry and breathtaking landscapes.

7 DAYS | 1 COUNTRY
11 MEALS | DYNAMIC



DEPARTURE MONTHS
Year-round

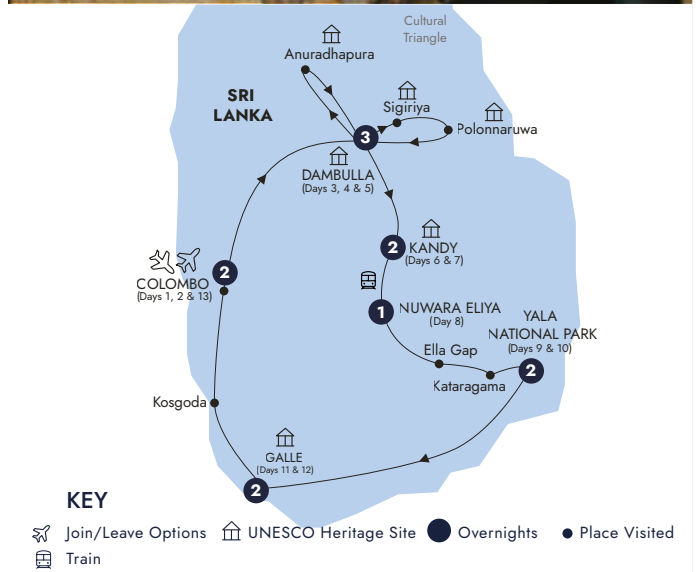
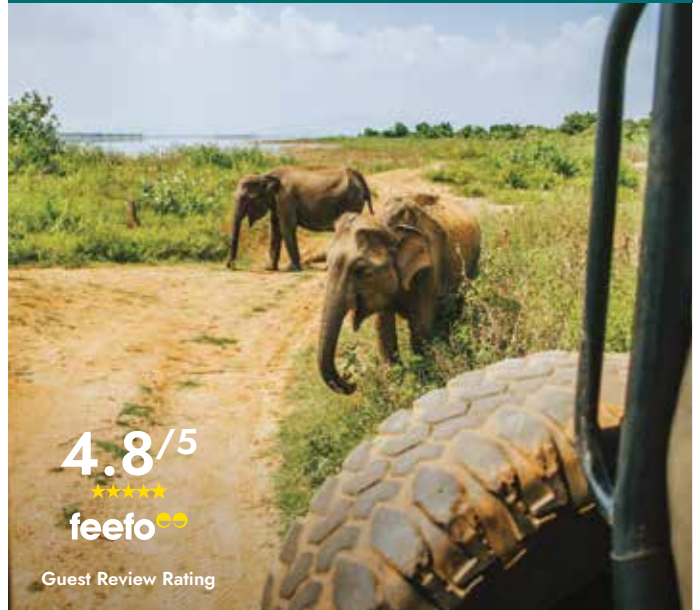
For full details, see
insightvacations.com/gloriesgreece

Trip code: I951B/W951

SMALL GROUP TOUR Wonders of Sri Lanka

Journey through ancient wonders and wild beauty on a 13-day discovery of Sri Lanka. Explore Anuradhapura's sacred ruins, ascend Sigiriya Rock Fortress, a UNESCO marvel rising from the jungle, roam tea country and seek the elusive leopard in Yala.

13 DAYS | 1 COUNTRY
26 MEALS | BALANCED



DEPARTURE MONTHS
August - April

For full details, see
insightvacations.com/wondersrilanka

Trip code: A530

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PREMIUM

4.6/5



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VALUE

4.6/5



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ON A BUDGET

4.5/5



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NEXT-GEN

4.6/5



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SPECIALIST

4.9/5



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